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CRYSTAL ENERGY: FACT OR FICTION

Almost anyone who has read a magazine, newspaper, or even watched television in recent months would surely have seen some kind of report on the public's growing interest in crystals and the "power" some people claim to have found in them.

What do you know about crystals? Are they just some "new age" rabbit's foot that people are carrying in their pockets for good luck? In order to help separate fact from fiction the noted authority on crystals and gem therapist, Gari Gold, recently initiated extensive research to dispell many of the myths and misconceptions surrounding quartz crystal.

Silicon dioxide, more popularly known as quartz crystal, is found in mineral deposits throughout the world and are used to perform delicate functions in many modern devices used today. Due to the hardness and focusing power of crystals, telescopes and other optical devices are made possible through their use. The precise oscillation of quartz crystals has been useful in the development of modern communications systems as well as many computers. Another useful property of crystal is the generation of piezo-electricity, a phenomenon that genrates small amounts of electricity when crystals are compressed. However, more important than the aforementioned qualities are the metaphysical, spiritual, and healing properties of crystals. It is for these properties that crystals have enjoyed their recent popularity, and justifiably so.

Gold's findings state that crystals have been used effectively throughout the centuries by Indian shamans,

Egyptian priests and other spiritualists to help focus the mind, relieve localized pain, and even tap into and focus one's own psychic powers. There is definitely more to the use of quartz crystals than mere fascination or as a new age trinket. As a result of Gold's research, it was demonstrated that quartz crystal can enhance the quality of your meditation and prayer, increase your psychic abilities and ESP, enhance the dream state, relieve localized pain, create desirable change in your life, and open your universal vibrations.

However, Gold did discover that there are things that crystals cannot do for you. It is only after study and practice that you will be able to develop the use of crystals as a metaphysical tool and the most important first lesson in harnessing crystal power is to realize both the awesome power and the limitations of crystal energy.

Editor's Note:

The editor of the Krystal Haven, a fellowship devoted to the spiritual and physical fulfillment of mankind, would like to offer Gari Gold's recently released book entitled Crystal Energy. Released to you are the results of Gold's research and the methods you can use to make Crystal Energy work for you! Not only will you receive this "must read" edition of Crystal Energy for your library but you will receive absolutely free a genuine quartz crystal so that you can put crystal power to work for you immediately!

Written in easy-to-read language, Crystal Energy uses text, illustrations, photos and easy to follow instructions that will well serve the expert, novice or anyone interested in this latest to be studied phenomenon of the "new age."

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I SEE BY THE PAPERS

By Donald Michael Kraig



QUOTE OF THE MONTH:

*All is flux, nothing stays still.
Nothing endures but change.*

—Heraclitus (C. 540-C. 480 B.C.E.)

Three years ago, when I first started working for Llewellyn Publications, there were fewer than 20 employees. Today there are more than 50. As a result, we have had to move to new, larger quarters. The uproar of the move caused some delays in reviewing submissions and answering mail, but by the time you get this we will be up to date.

It is undeniable that change always occurs—change may be the only constant in the universe. In the short time that we have been managing FATE it has changed in ways that most of you seem to like.

Changes will continue to occur in FATE, but they may be more subtle than before. For example, we went back to full-color covers and a spine. In the past we have

included our motto, "True Reports of the Strange & Unknown," on the spine as well as on the front cover. Starting with this issue we will replace the motto on the spine with the name of our lead article. This will help you more easily identify issues when they are stacked on a shelf.

Another change will appear within the articles. We will no longer be using the infinity sign (∞) to divide sections in the text. It will now be used to mark the end of articles.

We also just decided to raise the payment rates for *True Mystic Experiences* and *My Proof of Survival*. When your article is printed we will now pay \$25.00 rather than the previous \$10.00, so send us any story that you have to share.

Finally, we have a new member of the FATE staff. Her name is Phyllis Galde and she is our new Managing Editor. She will be communicating with many of the



Donald Michael Kraig

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people who write in to us. She also has had much experience as an editor and proof reader, so we expect the quality of grammar to go way up, and the number of typos to go way down.

**OF COURSE YOU'RE RIGHT—
NOW SHUT UP!**

A *theory* is simply a scheme or set of ideas that explains a phenomenon. It is considered an *accepted theory* if it explains the greatest number of aspects of the phenomenon better than any other current theory. A large part of scientific inquiry involves investigating a phenomenon so as to be able to explain more aspects of it than previous theories.

When a new theory is introduced, or an old theory supported, scientists should discuss the value of the new information. Unfortunately, this does not always happen.

For example, let's take the case of Jim Berkland. Mr. Berkland works for Santa Clara County, California, as a geologist. He accurately predicts earthquakes.

On Friday, October 13, 1989, he predicted that an earthquake would occur between October 14 and 21 in the northern California area. The article about the prediction that appeared in the *Gilroy Dispatch* had the headline, "Is World Series Quake Coming?"

Berkland also predicted that the earthquake's intensity would be somewhere between 3.5 and 6.0 on the Richter scale. In fact, it was around 7 points.

According to *The Kansas City Times*, Berkland claims to have predicted around 300 earthquakes with 80 per cent accuracy. "Of the 14 earthquakes I have predicted of 5.0 magnitude or greater, I have been right within one day on all of them except two. One was two days off and one was seven."

You would think that the U.S. Geological Survey, where Berkland used to work, would honor him. You would think that they would study his methods. Instead, they consider him to be a "quake quack."

Berkland has two basic sources of information that he uses to predict earthquakes. First he looks at the position of the Earth, Moon and Sun. When they line up it is called a syzygy (sih-zih-jee). This happens twice a month. Also included in these astronomical calculations is the distance from the Earth to the Moon. When the closest point of the Moon's elliptical orbit around the Earth matches the time of a syzygy, there is a high probability for earthquakes.

But Berkland uses another piece of data for his predictions—the reactions of animals. He sim-


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ply counts the number of missing cats and dogs listed in local papers. According to Berkland, the number of missing cats reported in his local papers rose from a daily average of three to 27 the week before the earthquake. In the same week the number of missing dogs rose from a daily average of 22 to 61.

Berkland claims that animals have a substance within them, magnetite, that is sensitive to the shifting magnetic forces of the Earth. When they detect a shift they become disoriented and do unusual things. Pets run away from home. Horses refuse to go into barns. Fish lose their fear of being caught.

According to the article mentioned, the U.S. Geological Survey considers Berkland to be a man "Chanting 'curse of the cat people' over a statistical pot boiling with useless data." "The problem is," Berkland says, "what I do works. The only reason the USGS rejects me is they are a bunch of hidebound bureaucrats just drawing a paycheck. They've got all this highfalutin equipment and never predicted an earthquake of 5.0 or greater that I know of." Berkland adds in conclusion that "all I want for my theories on earthquakes is a fair shake." We think he deserves it.

continued

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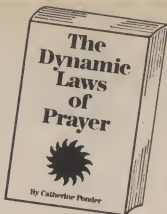
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Of course, this type of denial of a theory without investigating it is not uncommon. Take the case of astronomer Percy Seymour. He is a Fellow of the Royal Astronomical Society and the principal lecturer in astronomy at the Plymouth Polytechnic Institute in southwest England. He is also the director of the William Day Planetarium and is considered to be an expert on magnetism in the universe. His textbook, *Cosmic Magnetism*, has been highly received.

However, a more recent book has been called "a shameful book" by the *Weekend Telegraph* and "...unsupported speculations, founded neither on known facts nor on physical calculations" by *New Scientist*. The name of his book is *Astrology: The Evidence of Science*.

Seymour had originally been a doubter of astrology—he didn't think that there was much to it. He "could not think of any mechanism to explain how the planets, the sun and the moon might affect human life," he said in an article in *Omni*. This led to his investigation of the subject.

Seymour bases his theory on the works of the French psychologist Michel Gauquelin. Gauquelin used statistics to show that the planetary positions at a person's birth were related to that person's life, although he dis-

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counts Sun signs and the importance of the zodiac. But Seymour wanted to explain how it works, not just say that it works.

His theory holds that the incredible magnetic activity of the Sun is churned up by the motions of the planets. The Sun's effect is sent to Earth via the solar wind. This, in turn, affects the Earth's magnetic field which affects us while we are in the womb.

Seymour notes that "respected scientists have evoked the cosmos to explain the extinction of dinosaurs. But talk about astrology, and people assume you're mad."

Perhaps some of the scientists should get away from name calling and back to research.

NEW DISCOVERIES

According to an article from the Associated Press, an answer to the mystery of Atlantis may have been found. The Santorini Volcano in the Aegean Sea exploded with a blast that would have been equal to two million Hiroshima-size atom bombs going off at the same time. The blast, which took place around 1600 B.C.E., destroyed most of the island of Thera. According to some ancient Chinese annals, it also sent so much light-blocking debris into the atmosphere that China had crop failures and a famine.

Kevin Pang, an astronomer with NASA's Jet Propulsion Laboratory, reported his findings at the fall meeting of the American Geophysical Union.

Explorer Gene Savoy claims to have found the legendary King Solomon's Mines—in Peru. He recently showed photos of three stone tablets with writing on it that was similar to Phoenician and Semitic hieroglyphs used at the time of King Solomon. The tablets are huge blocks of stone that weigh several tons each and measure about five by ten feet.

An archaeologist from Stanford University who has worked in Peru for 15 years is skeptical, although the Associated Press article implies that he has not seen Savoy's photos. He says, "A wild guess I could make is that it may be some sort of petroglyph commonly done by the people of the Amazon. It can almost look like writing..."

He goes on to say that it is odd that such large tablets would be found in an area "otherwise devoid of anything of the type."

It is hoped that more research will be done.

LEGAL MATTERS

In this column in the previous issue of FATE I described *The Occult Census* published by a group in England. It was our

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hope that the information provided about those who practice and study metaphysical and occult subjects might lead to greater understanding of them by other people.

Unfortunately, this has not proved to be true. In the early morning of August 13, 1989, people broke into The Sorcerer's Apprentice, the shop of the publisher of the *Occult Census*. They piled books in the middle of the store and set them afire. Luckily, the fire was quickly put out by the local fire brigade.

The owner of the shop, Chris Bray, had pleaded for help several times, but had been refused. He believes that the act was com-

mitted by a group of Christian Fundamentalists who he thinks were encouraged by a broadcast of the "Cook Report on Satanism and Child Abuse" which Bray calls "totally spurious" and "irresponsible trash."

Whatever the cause, we hope that the perpetrators are caught, tried, and, if found guilty, punished appropriately.

And finally, we would like to report on a couple of lawsuits. We have been delaying telling you about this until we had complete information which has included phone calls to England to talk with Uri Geller.

In the June 1988 issue of the



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now-defunct magazine *Twilight Zone*, James (the Amazing) Randi accused Geller of blackmail. Geller is suing Randi for libel for the sum of 13.5 million dollars.

Repeating what he said in an article in England's *Psychic News*, Geller told us that Randi has been after him for 17 years. When Randi attacked him professionally he has left him alone. Now that Randi is making personal attacks, he is changing his attitude.

In a Japanese magazine Randi allegedly accused Geller of being responsible for the gunshot suicide of a researcher who was professionally embarrassed when he found Geller's powers "baffling." Geller told us that he had spent \$5.00 to obtain a copy of the death certificate and was surprised that the Japanese magazine didn't do the same. Had they done so they would have discovered that the man died of "cardio-respiratory failure."

In the same magazine, Geller alleges, Randi called him "an abnormal personality" and a "social sickness."

Because of the Japanese magazine's article, Geller has a second suit against Randi. This one is for 55 million dollars. Geller said that he will sue Randi in every country where the Japanese magazine appeared.

We will keep you informed.



BEYOND THE KNOWN



By John Keel

THE FUGO BALLOONS

It was not known to the general public that during the war the Japanese were attempting to use fire balloons against the West Coast of the United States.

—*Manhattan Project: The Untold Story of the Making of the Atomic Bomb* by Stephane Groueff, 1967.

While American school children were engaged in scrap metal drives for the war effort in the 1940s, Japanese children were put to work on a much more imaginative project. They were asked to build large paper balloons that could be filled with hydrogen and set adrift in the jet stream. Ultimately, a total of 9,000 of these *Fugo* balloons were built and launched. How many finally reached the U.S. will never be known, but we do know that several did manage to make the long trip. (Incidentally, many years later it was revealed that

the American scrap metal drives were a phony and that the scrap metal collected was never used. The whole thing was just a scheme to give school children a sense of participation in the war.)

Wartime Japan was faced with many critical shortages. The balloons were a practical idea because they could be made of

readily-available brown rice paper. Artistic Japanese children decorated the paper panels with fierce dragons, snow-topped mountains, flowers and anti-American slogans. The panels were carefully glued together and reinforced with

silken strings. An indestructible mylar-like material was used for "sails" on some balloons, with spars fashioned of a lightweight pressed-rice kind of plastic. This pseudo-plastic was widely used in Japan during the war years because wood was virtually unobtainable. It was fireproof and wouldn't melt (unlike



John Keel

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the early plastics used in the West, such as forms of bakelite).

Each balloon was equipped with a clever altimeter and system of weights. Whenever the balloon dipped below a certain altitude, the altimeter would trigger a release that would drop a weight. When all the weights were gone and the balloon still sank to a low altitude, the altimeter would finally release the payload—an incendiary bomb. The balloons were 33 feet in diameter. As more and more of them were launched, they became more sophisticated. Eventually some of them were attached to tracking devices and gadgets designed to attract or confuse radar. Japanese submarines spread across the Pacific and tried to check their westward journey in an effort to ascertain if the scheme was really working.

One ingenious attachment was a simple sphere made of aluminum. It was lightweight and dangled beneath the balloon until the altimeter finally released it. When a radar beam struck the sphere, the signal would ricochet in such a way that when it returned to the radar transmitter it would produce a huge image on the tracking screen. It looked as if the radar had detected an object 700-1,000 feet in diameter! The Japanese subs would know they had picked up one of their balloons, but U.S. Naval ships

were totally baffled by the gigantic—and impossible—returns. After the war, the U.S. Navy even released some of their reports about these huge radar “ghosts” of the Pacific. And for many years after WW II, the spheres were found in many odd places from Australia to the Himalaya Mountains, probably dropped by Fugo balloons that had wandered way off course.

Another anti-radar technique, developed by the British early in the war, was called “chaff” by Allied pilots. The Germans and Japanese were soon using this, too. At first it consisted of chopped up tinfoil that was dumped out of planes and caused “snow” on enemy radar screens. Later, tiny strips of aluminum foil were used. These strips were cut to the wave lengths of the radar transmitters. Some were only a few centimeters long while others, called “rope,” were several feet in length. Some balloons had pieces of this stuff of varying lengths dangling from their payload. When picked up by radar, they produced a scrambled image that suggested a flight of birds. Other balloons were constructed to dump batches of “chaff” at periodic intervals along their flight path.

Imagine how weird some of these balloons must have looked, with silvery streamers dangling from them and wide vanes

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spread out to act as sails and help speed them across the Pacific. Those that managed to reach the U.S. were undoubtedly seen by thousands of people, though no one would ever suspect that they came from hostile Japan 5,000 miles away.

AN INCREDIBLE COINCIDENCE

America's top secret during the war years was the Manhattan Project to build the atomic bomb. One of the super-secret plutonium processing plants was located in a barren area called Hanford in the state of Washington.

"One day a mysterious power failure occurred somewhere in

the current, immediately triggering the safety controls of the reactors," according to Groueff's *Manhattan Project*. "What had happened? Was it sabotage? Colonel Matthias' security men swarmed into the area and imposed the strictest secrecy on all information concerning the power failure. Only the top Du Pont people were informed confidentially about the cause of the trouble: a Japanese balloon."

It does seem unreal, you must admit, that a flimsy paper balloon could cross the vast Pacific on an uncontrolled flight and then effectively settle on the power lines leading to one of America's most secret—and iso-



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lated—installations. But it happened. More than once!

"At least two Japanese balloons fell in the Hanford area," Groueff states, "and one of them dropped on the power line between Bonneville and Grand Coulee, thus interrupting electric current and thereby triggering the safety mechanism of the reactors."

Only the very highest officials in the government knew that America was under siege. We now know that at least one forest fire in Canada was started by a Fugo balloon and four campers in Montana were killed by one. The latter incident set off the government censors.

"The first two balloons to be

seen in the United States fell in Montana and North Dakota and were reported in the Japanese press a week later," Groueff wrote. "Since only local American newspapers had mentioned the incidents, Japanese spies were obviously reading the smallest country publications. After that any mention of the balloons in American papers was censored out."

POST WAR CENSORSHIP

Fugo balloons must have been a great embarrassment to American military authorities. They eluded our radar and we had no way to combat those paper balloons constructed by school children. In typical bureaucratic

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ceeds (by far) the percentage of accurate predictions in astrology.

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A Secret Method

As a youth, Jean Rignac was training to be an engineer. Always inquisitive and eager to learn, he asked himself this question: How is it that princes, emperors, geniuses, the great people of the world, follow the advice of their astrologer? Why do these men, with such heavy responsibilities, consult them when they

have an important decision to make? Is there something true about astrology, then?

He did some research and very quickly concluded that it was true, that there is something about it. He began to study astronomy, medicine, psychiatry, to research their influences on each other and on the character and behavior of people. Little by little, he perfected a method that gives him fabulous results—predictions with an accuracy that no astrologer has ever before succeeded in obtaining.

Jean Rignac's Predictions

During the course of his life, he has made thousands of predictions. But here are the most famous ones.

Jackie Kennedy's divorce from Aristotle Onassis in 1972. Barbra Streisand's love and health problems. President Nixon's visit to China. The six-day war between Israel and the Arabs, and its exact duration.

In the middle of 1970, he predicted the death of General de Gaulle

(which happened on November 9, 1970). The death of Charlie Chaplin. The end of Gina Lollobrigida's film career. The stock market crash of 1988, etc.

He has drawn up the horoscopes of dozens of politicians and several Presidents of the Republic.

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Dr. Heller tells the exciting story of the expedition to Turin to examine the Shroud itself. Evidence gathered by the research team using various types of modern instrumentation and expertise indicated that the Shroud must have been wrapped around a crucified man who had been beaten and scourged before he died. There was blood on the Shroud—but was it the blood of Christ?

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fashion, our leaders had to ignore their existence and the public remained ignorant of the menace, even long after the war ended.

"On January 4, 1945, the Office of Censorship asked newspaper editors and radio broadcasters to give no publicity whatsoever to balloon incidents. This voluntary censorship was adhered to from coast to coast, a remarkable self-restraint in a free-press-conscious country..." (*Japan's World War II Balloon Bomb Attacks on North America*, Smithsonian Institution, 1973.)

A propaganda office, the Office of War Information (O.W.I.), had been set up in Washington during WW II. The Office of Censorship, a branch of O.W.I., was primarily concerned with keeping the Manhattan Project secret. Their methodology was simple enough. They would send letters to the editors of the 2,000-plus newspapers in the country asking them to avoid certain subjects. It worked.

"In a 'strictly confidential' note to editors and broadcasters, the Office of Censorship stated: 'Cooperation from the press and radio under this request has been excellent despite the fact that Japanese free balloons are reaching the United States, Canada, and Mexico in increasing numbers... There is no question that your refusal to broadcast infor-

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mation about these balloons has baffled the Japanese, annoyed and hindered them, and has been an important contribution to security." (Article, "Jap Balloons Dropped Bombs on U.S. During World War II" by R. C. Mikes, *National Enquirer*, July 28, 1968.)

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landed harmlessly in the ocean. A few reached North America, and the rest got caught in the peculiar winds and eddies of the upper stratosphere where all those old newspapers, hats, frogs and blocks of ice drift about. Then, from time to time, one would crash to earth and thoroughly mystify all those who had never heard about the secret balloon invasion.

Almost a year after the war, one turned up on the border of Colorado and New Mexico, according to the *Durango Chapbook*, July 1946. "On April 19, 1946, two men excitedly reported that Navajo Lake had been bombed by a flying brown thing. They said a silvery object had been dropped from a brown sphere. Just before it reached the water it exploded and showered flames in all directions. The sphere soared away."

The jet stream seemed to carry many of the balloons on a curved course from Oregon to New Mexico. In early 1947, they were still drifting down. Reports were scanty, but elements of the U.S. Army were clearly interested.

"Two big, brown paper balloons, one of which had Christmas tree 'icicles' hanging from it, were found by campers near Malheur Lake this Spring," a brief item in *The West Oregonian* revealed on September 27, 1947. "The remnants of a third, with a

strange metal instrument attached, were found in Klamath County in August. Army personnel visited the site and removed all the debris. All three balloons appeared to be handmade, according to witnesses, and contained mysterious Oriental-like inscriptions."

A curtain of secrecy continued to shield the unwary public from the explosive balloons in their midst. The biggest breach of this security occurred in July 1947, at the height of the first "flying saucer scare" when, after a severe storm, the remains of one of the balloons was found on a ranch in Lincoln County, New Mexico. Local newspapers described the find, and the wire services picked up the story. Later, military authorities carted away the materials and announced it was nothing but a "weather balloon." Obviously, they were determined to keep the existence of the Fugo balloons a secret two years after the war. In fact, few knew about the Fugo project until the 1950s, when a small Japanese booklet on the subject was published.

There is evidence that the balloons were still bombing New Mexico in 1949, four years after the end of hostilities. In his 1953 book, *Flying Saucers From Outer Space*, Donald Keyhoe describes the "Red Spray saucers" which appeared near Albuquerque,

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dropped to about 200 feet, exploded and sprayed fire in all directions.

There was a mysterious explosion of an incendiary-type device over a Brazilian beach in 1957. It scattered pieces of magnesium, a prime ingredient for WW II incendiary bombs, and is still considered a "crashed saucer" by UFO cultists. It does seem unlikely that a bomb launched in 1945 would turn up in Brazil 12 years later, but it is possible.

ROSWELL REVISITED

Military secrecy worked so well that the Fugo project would have been completely forgotten if a couple of the damnable things had not knocked out the lights at Hanford and thus found immortality in the literature on the development of the atomic bomb. When the U.S. Government Printing Office published the Smithsonian's report on the subject in 1973, only a few random aviation historians paid any attention to it.

A 1950 bestseller, *Behind the Flying Saucers* by Variety columnist Frank Scully, embellished the New Mexico incidents with complicated tales of dead "little men," the autopsies of same, and other fanciful rumors. Although thoroughly disproven later, Scully's stories became an integral part of the burgeoning flying

saucer lore known as the "Roswell Incident."

Horror novelist Whitley Strieber visited Roswell in the 1980s and tracked down some of the surviving witnesses. In the Afterword to *Majestic*, he repeats the testimony of some of the witnesses:

"Marcel went on to describe what he had found. 'There was all kinds of stuff—small beams about three-eighths or a half-inch square with some sort of hieroglyphics on them that nobody could decipher. These looked something like balsa wood, and were of about the same weight, except they were not wood at all. They were very hard, although flexible, and would not burn. There was a great deal of unusual parchment-like substance which was brown in color and extremely strong, and a great number of small pieces of a metal like tinfoil, except that it wasn't tinfoil.' Later 'Mac' Brazel's daughter Bessie described the paper as having apparent flowers pressed in it."

Unfortunately, Strieber did not have the last word. Several books and countless magazine articles have been inspired by the "Roswell Incident," and several more are due to appear in 1990-91. The Fugo balloons will be with us for a long time.



For another view on the Roswell Incident, read "UFO Reporter" on page 33.



Reporter



By Jerome Clark

SPYING ON THE KOOKS

Part One

"Domestic covert warfare has no existence as a current event," veteran political columnist Murray Kempton wrote in a recent issue of the *New York Review of Books*. "We never know about it until it is revealed to us as the history that government admits only after assuring us that it has stopped. When it is going on, it is noticed by no one who wants to be thought reasonable, and anyone who speaks of it is dismissed as irrational. Our secret wars at home are never said to happen as long as they are going on, and mightn't we wonder whether one is happening right now when all we know about it is that it isn't?"

In the wake of revelations that came out of Congressional hearings and journalistic probing during and after the Watergate era, no one doubts anymore that the FBI, the CIA and other police and intelligence agencies have

engaged in illegal monitoring and even harassment of private citizens. Such activity, as Kempton notes, is said not to be occurring now, though we have no way to prove that. In fact, in at least one area of interest to American citizens, dubious and even illegal actions are being perpetrated by individuals representing official agencies. Nothing will be done about it; indeed, those being victimized will have an even harder time being believed than, say, someone who opposes American policy in Central America. After all, everybody knows that anybody who investigates UFO reports is a kook, and kooks are always paranoids.

I have long been skeptical of claims that ufologists are being monitored by government agents, and with good reason. Most persons who make such claims are not credible people; they give every indication of being individuals who seek to



Jerome Clark

inflate their own importance by persuading themselves that what they think they know is so world-shaking that somebody in a powerful position would want to take notice of them. I am not talking about these sad individuals. Right now a major controversy in the UFO field centers on a startling speech ufologist William L. Moore gave to the Mutual UFO Network Conference in Las Vegas last summer. Moore told a chilling story of how agents of the Air Force Office of Special Investigations at Kirtland Air Force Base (near Albuquerque, New Mexico) turned on, and virtually destroyed, a civilian who believed he had found evidence of UFO activity at the base. This is a complicated story, too long to be told in a single column, but it is one you should know.

Some background: In September 1980, soon after the publication of his and Charles Berlitz's book *The Roswell Incident*, Moore was approached by active-duty Air Force personnel who told him he was on the right track, that the U.S. government has recovered crashed UFOs and bodies and that it is covering up the greatest secret of all-time: the visitation of the Earth by beings from another solar system. Moreover, over the past 40 years the government has had, for a time, living extraterrestrial bio-

logical entities (EBEs) in its custody. Secret projects such as Majestic-12 and Aquarius have both studied UFO remains and established direct communication with UFO intelligences. Moore's association with these individuals—10 or so over the past decade—continues to this day. In the April 1988 issue of FATE ("UFO Crashes, Part IV") I told the essentials of this story for the first time.

There is, I want to emphasize, virtually no evidence to support these astounding allegations, though Moore is not the only one to hear them from officially-connected individuals. So have television reporters, documentary film makers, other ufologists, and a well-placed Washington political figure or two. Yet the only part of it for which a solid case can be made is the episode where it all begins, the crash at Roswell (actually Corona), New Mexico, in early July 1947. That case has been thoroughly investigated, and major new revelations about it will be published this year. But the events that allegedly followed are merely stories. Well, maybe not *merely* stories. Even if there is not a word of truth to them (and so far we have no way of making a judgment either way, which means we should be skeptical until we have reason to be otherwise), what makes them

more interesting than typical UFO rumors is who is telling them. These are some of the same persons implicated in an unsavory incident which Moore, who was in a position to observe it, related to a shocked MUFON audience.

It begins in the late 1970s, with a man named Paul Bennewitz, an Albuquerque businessman trained as a physicist. Bennewitz had become convinced that he was monitoring electromagnetic signals extraterrestrials were using to control persons they had abducted. Bennewitz tried to decode these signals and believed he was succeeding. At the same time he began to see what he thought were UFOs maneuvering near the Manzano Nuclear Weapons Storage Facility and the Coyote Canyon test area, located near Kirtland AFB, and he filmed them.

Bennewitz reported all this to the Tucson-based Aerial Phenomena Research Organization (APRO), whose directors were unimpressed, judging Bennewitz to be deluded. But at Kirtland,

Bennewitz's claims, or at least some of them, were being taken more seriously. On October 24, 1980, Bennewitz contacted Air Force Office of Special Investigations agent Sgt. Richard Doty after being referred to him by Maj. Ernest Edwards, head of base security, and related that he had evidence that something potentially threatening was go-

She briefly escaped her captors and fled into an area where there were tanks of water. She looked into one of them and saw body parts such as tongues, hearts and internal organs, apparently from cattle. But she also observed a human arm with a hand attached.

ing on in the Manzano Weapons Storage Area. A "Multipurpose Internal OSI Form," signed by Maj. Thomas A. Cseh (Commander of the Base Investigative Detachment), dated October 28, 1980, and subsequently released under the Freedom of Informa-

tion Act, states:

"On 26 Oct 80, SA [Special Agent] Doty, with the assistance of JERRY MILLER, GS-15, Chief, Scientific Advisor for Air Force Test and Evaluation Center, KAFB, interviewed Dr. BENNEWITZ at his home in the Four Hills section of Albuquerque, which is adjacent to the northern boundary of Manzano Base. (NOTE: MILLER is a former Project Blue Book USAF Investigator who was assigned to Wright-Patterson AFB (WAFB), OH, with FTD [Foreign Technology Division]. Mr. MILLER is one of the most knowledgeable and impartial investigators of Aerial Objects in the southwest.) Dr. BENNEWITZ also produced several electronic recording tapes, allegedly showing high periods of electrical magnetism being emitted from Manzano/Coyote Canyon area. Dr. BENNEWITZ also produced several photographs of flying objects taken over the general Albuquerque area. He has several pieces of electronic surveillance equipment pointed at Manzano and is attempting to record high frequency electrical beam pulses. Dr. BENNEWITZ claims these Aerial Objects produce these pulses...After analyzing the data collected by Dr. BENNEWITZ, Mr. MILLER related the evidence clearly shows that some type of

unidentified aerial objects were caught on film; however, no conclusions could be made whether these objects pose a threat to Manzano/Coyote Canyon areas. Mr. MILLER felt the electronical [sic] recording tapes were inconclusive and could have been gathered from several conventional sources. No sightings, other than these, have been reported in the area."

On November 10, Bennewitz was invited to the base to present his findings to a small group of officers and scientists. Exactly one week later Doty informed Bennewitz that AFOSI had decided against further consideration of the matter. Subsequently Doty reported receiving a call from New Mexico's then-Senator Harrison Schmitt, who wanted to know what AFOSI was planning to do about Bennewitz's allegations. When informed that no investigation was planned, Schmitt spoke with Brig. Gen. William Brooksher of base security. The following July, New Mexico's other senator, Pete Domenici, looked into the matter, meeting briefly with Doty before dashing off to talk with Bennewitz personally. Domenici subsequently lost interest and dropped the issue.

Bennewitz was also aware of alleged cattle mutilations being

reported in the western United States. At one point he met a young mother who told him that one evening in May 1980, after she and her six-year-old son saw several UFOs in a field and one approached them, they suffered confusion and disorientation, then a period of amnesia which lasted for as long as four hours.

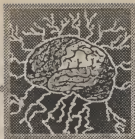
Bennewitz brought the two to University of Wyoming psychologist R. Leo Sprinkle, who hypnotized them and got a detailed abduction story from the mother and a sketchy one from the little boy. Early in the course of the abduction, according to the account, they observed aliens take a calf aboard the UFO and mutilate it while it was still alive, removing the animal's genitals. At one point during the alleged experience, the mother said, they were taken via UFO into an underground area which she believed was in New Mexico. She briefly escaped her captors and fled into an area where there were tanks of water. She looked into one of them and saw body parts such as tongues, hearts and internal organs, apparently from cattle. But she also observed a human arm with a hand attached. There was also the "top of a bald head," apparently from one of the hairless

aliens, but before she could find out for sure, she was dragged away. The objects in the tank, she said, "horrified me and made me sick and frightened me to death." Later she wondered about the other tanks and their contents.

Around this time Moore appeared on the scene, having left a teaching job in Minnesota to move to Arizona and devote full-time to an investigation of the Roswell Incident. After settling in the Southwest, Moore became close to the late Jim and Coral Lorenzen, APRO's directors, and in due course Moore was asked to join the APRO board. The Lorenzens told him about Bennewitz's claims. Bennewitz, Jim Lorenzen thought, was "prone to make great leaps of logic on the basis of incomplete data." Still, Lorenzen thought it was conceivable Bennewitz was on to something, even if he was exaggerating or misinterpreting it, and he urged Moore to look into it.

Meanwhile, Moore was hearing stories about EBEs and other fantastic matters from his sources at AFOSI. He was also learning that the AFOSI people were very interested, even alarmed, about Bennewitz, and were about to do something about it.

—*To be continued.*



ON THE PSYCHIC FRONTIER

By D. Scott Rogo

MULTIPLE PERSONALITIES AND ESP

When I devoted my July 1989 column to the possible connection between psychic phenomena and multiple personality, I didn't realize that I would be returning to the subject so soon. In that column, I pointed out that most people who have written on their experience with this bizarre disorder report frequent psychic experiences. It is difficult to determine whether people with this problem are *more* prone to psychic experience than the general public...who commonly report such incidents. The phenomenon of MPD (multiple personality disorder) has become so popular, however, that several new books have recently been published on the subject. These volumes contribute significantly to our understanding of the possible relationship between multiple personality and strong psychic powers.



D. Scott Rogo

Since last July, Chris Sizemore—the real-life heroine of *The Three Faces of Eve* fame—has written her third autobiography. As early as 1978, Mrs. Sizemore was recounting remarkable premonitions and related psychic experiences in her second book, *I'm Eve*. These encounters tended to be your garden variety flashes of precognition and extrasensory perception to which many people are prone.

Her new book, *A Mind of My Own* (New York: Morrow, 1989), recounts her life since her cure and her work to bring MPD and related disorders to the public's notice. The book focuses on her fight to preserve her mind, her marriage and her family. It is a testimony to her courage that, having survived multiple personality, Mrs. Sizemore has gone completely public with her story instead of retreating into private life like most ex-mental patients. (Her

work, in fact, earned her the esteemed Clifford W. Beers Award in 1982 from the National Mental Health Association.)

A notable experience concerns her dramatic presentiment of Ronald Reagan's encounter with John Hinckley in 1981. This episode took place during a period in her life when Mrs. Sizemore was becoming fascinated with parapsychology, hoping to shed some light on her personal experiences. She was getting ready to take part in a parapsychology conference in Virginia and was driving with a friend between two Virginia cities.

"...Suddenly my vision of the road became interrupted by what I can only describe as a visual flash," she explains in her book. "It was a distinct black-and-white picture interspersed with the full-color vision I had of the highway. And in this visual flash, I saw a scene. But just as quickly, it disappeared. Then I saw it again, and again it disappeared. I knew what was happening, and it was not dissociation."

Mrs. Sizemore notes that her precognitive visions invariably come in threes. Faced with repetitions of the vision, she described it to her friend, stating frankly that "the President is going to be shot." The failed assassination of President Reagan took place

three days later.

Mrs. Sizemore's psychic experiences were not limited to precognition. Some of these experiences contain spiritistic elements. When she was a child she saw ghosts and spirits, even though she remains confused whether these experiences were real or bogus encounters staged by her subpersonalities. A weird episode she experienced subsequent to her cure was so inexplicable that she eventually consulted Dr. Stanley Krippner, the well-known parapsychologist.

She had spent the day cleaning her residence and was taking a shower when she slipped.

"I could feel my feet sliding out from under me," she writes. "Fearing the fall, I panicked. Just as suddenly, however, I was startled when I felt my body being jerked back into a standing position by what seemed to be a pair of strong hands that lifted me along both sides of my rib cage.

"Despite an immediate sense of relief at being spared possible injury, I was terrified. Who had done this? None of my family was at home and the house was locked tight. Had some stranger entered the bathroom? I slowly turned to see. But no one was there."

When she began dressing the following morning, she discovered handprint-shaped bruises

on her rib cage!

Was Mrs. Sizemore's problem complicated by spirit possession? Such a claim has been made by some psychiatrists working with MPD patients. Mrs. Sizemore devotes several pages to this theory, but ultimately dismisses it. She does believe, however, that her psychic experiences are significantly related to her previous mental problems. She contends that the special sensitivity which caused her dissociation has continued into her cured life, taking on the form of frequent psychic encounters.

An even more revealing book is *Katherine, It's Time* by Kit Castle and Stefan Bechtel (New York: Harper and Row, 1989). The book focuses on the life story of Kit Castle, a pretty and talented Hispanic woman from New York, whose MPD evolved from the physical and sexual battering she received from her stepfather. Unlike most victims of the disorder, none of Mrs. Castle's subpersonalities was vicious. Each tended to be benevolently disposed to protecting the patient. The book follows Mrs. Castle through her constant moves and relationships to her final cure. What impressed me was the sheer bizarreness of some of her encounters—sometimes backed up in the book by the corroborating evidence of secondary witnesses, including a

psychiatrist! Both extrasensory perception and psychokinesis encounters are included.

Mrs. Castle notes that several of her subpersonalities were prone to flashes of ESP, but her most impressive experience took place while she (in the guise of a personality she calls Me-Liz) and her fiancé were driving through Colorado. For no reason she found herself urging him to take a longer route to Kingman (Arizona). While traveling this road she spotted a small, white car weaving in the distance as if its driver were drunk or falling asleep. She instantly "knew" that her impression to take the road was linked to the unknown driver. The car was subsequently involved in a severe crash and only the opportune presence of Mrs. Castle saved one passenger's life.

Mrs. Castle's Me-Liz personality was fascinated with medicine. (In the book a psychiatrist testifies that she possessed the medical knowledge of a senior medical student.) She jumped from her car to help the crash victims and found herself seeing with X-ray vision into one passenger's body. This clairvoyance enabled her to see the woman's internal injuries. This knowledge was later critical to saving her, for Mrs. Castle capably instructed the paramedics—who were soon

summoned to the scene—on the correct posture to place her enroute to the hospital. If the paramedics had not received this information (from a personality they presumed to be a physician) they would have placed her flat on a gurney and she would have drowned in her own blood.

Even more impressive than her ESP was Mrs. Castle's psychokinetic displays. Convincing reports of psychokinesis tend to be rare in books on multiple personality.

Incidents of impressive psychokinesis probably occurred throughout Mrs. Castle's life, but they became especially common after she took part in an Indian ceremony in the Southwest. When she was upset, typical poltergeist activity would break out in her surroundings, Mrs. Castle was living in North Carolina where she was employed in a frame shop and undergoing a psychiatric evaluation. Her employer was Bob Rice, who willingly shared his experiences concerning his employee with Stafan Bechtel, Mrs. Castle's biographer. Rice reports the following:

"One day she came in and she was furious at the guy who owned the place, just steaming mad, I don't remember why. We talked a little while and then I went back in the darkroom. A few minutes later, I hear this big

"I could feel my feet sliding out from under me...Fearing the fall, I panicked. Just as suddenly, however, I was startled when I felt my body being jerked back into a standing position by what seemed to be a pair of strong hands that lifted me along both sides of my rib cage."

crash. I walk out into the gallery to see what's going on, and here a whole line of frame samples, maybe two dozen of them, had fallen off the wall onto the floor. Liz was sitting at the desk, maybe 10 or 15 feet away from them."

While he didn't see the presumed PK, Rice explains that the

frames were fixed to the wall by Velcro and could only be pulled down one by one. The framer was extremely perplexed by the incident, and immediately related it to Mrs. Castle's claim that PK sometimes broke out in her presence when she was upset.

Shortly after this incident, full-blown poltergeistery broke out in her home. Little household objects would disappear and reappear mysteriously, while lights would turn on by themselves. Visitors to the residence sometimes heard strange disembodied voices and some of their reports are incorporated into the book.

On one significant occasion some visitors watched a cross on a chain decorating Mrs. Castle's neck bounce up and down by itself before becoming detached right through the unbroken chain! During the climax of the disturbance, terrible odors pervaded the place and doors slammed by themselves. Eventually a well-known parapsychologist was called in to investigate the poltergeist, but unfortunately he never witnessed the PK directly.

Many more psychic displays are recounted in *Katherine, It's Time*, including Mrs. Castle's spontaneous stunt of levitating a pen. Some of her PK even sup-

ports the views of Dr. Jule Eisenbud—the well-known Denver psychoanalyst and student of psychical research—that such powers can work over long distances in extremely destructive ways. (FATE readers will have to get the book to discover this fascinating story. I wouldn't want to give it away!)

So in conclusion, what is the serious student of parapsychology to make of books such as *A Mind of My Own* and *Katherine, It's Time*?

It seems unlikely to me that a single person would be "blessed" with two such bizarre powers—i.e., both multiple personality disorder *and* strong psychic powers—unless some connection exists between them.

After reading these two books, I think we may be closer to determining whether MPD patients are *significantly* more gifted with psychic powers than other people in the general public. It is certainly beginning to look like they are.

I can only hope that more books of the caliber of *A Mind of My Own* and *Katherine, It's Time* will soon be published, so that we can explore the curious interrelationships between multiple personality and psychic phenomena even further.



OUR STRANGE WORLD



By Mark Chorvinsky

MYSTERY ANIMAL POSSIBILITIES

It is possible that there are creatures which live a phantom existence, at least temporarily. Strange animals and entities appear and disappear, leaving investigators of strange phenomena chasing shadows. I recently spoke with John A. Keel who dealt with the realities and surrealities of the mystery animal situation in his book *Strange Creatures From Time and Space*. He did not remove the magic from the phenomenon, creating the illusion that the strange creatures are "normal" animals. After many years of investigating innumerable monsters, Keel has come to the conclusion that these creatures have a strong "occult" component.

"In the '60s and early '70s we went through a rash of well-publicized Bigfoot sightings around the country and every one of them had so many occult ele-

ments in it that you had to finally put it down as an occult phenomenon, not as a physical phenomenon," Keel began.

I asked Keel for his definition of occult in these matters.

"When there are other manifestations accompanying the sightings of the monsters," he explained.

"Are you saying a 'non-tangible' entity—"

Keel interrupted me. "It can be temporarily physical, but it is not a permanent physical thing like a gorilla. Whatever it is, it is temporary, because then they turn out with the posses and

the helicopters and everything and they can't find a trace of it. My favorite was in the '60s—there was a series of dinosaur sightings in Texas and the dinosaur left footprints. There were some great eyewitness sightings and the police in the area took it very seriously. They turned out and searched every



Mark Chorvinsky

rock and cranny of that area and, of course, they found the footprints up to a point and then no more footprints."

Like numerous well-documented monster cases.

"Where is a dinosaur going to hide?" Keel asked rhetorically.

The phantom nature of many of these encounters with mystery animals is ignored, as it is excluded from the worldview of most cryptozoologists and has been consigned to a ghetto of fringe paracryptozoologists, a cumbersome and misleading term. Science has proven itself incapable of dealing with many of these phenomena, and now it is time to move beyond science. We must allow these creatures their magical elements, when appropriate.

At the recent International Society of Cryptozoology meeting in Pullman, Washington, an official statement was read to the audience, to the effect that the paranormal would not be discussed during this Bigfoot-themed conference. This is a bizarre joke at best and an irony at the least. The irony is that the ISC will allow no discussion of occult theories for the existence of Bigfoot, for example, even though there have been hairy hominids linked with occult events cross-culturally for millennia. Cryptozoology is the "science of hidden animals," according to the man

who coined the word, Dr. Bernard Heuvelmans. The "hidden" part comes from the prefix "crypto." Interestingly enough, "occult" also means "hidden." Thus, there is little difference between occult zoology and cryptozology, except that the word occult carries with it a great deal of baggage with which scientists would generally prefer not to get entangled. Playing ostrich by ignoring the magical high strangeness aspects of monster and mystery animal reports is not in anyone's best interests.

The current controversy raging in cryptozoology over the relationship between folklore and the reality of mystery animals was set forth by Madeleine Vinton Dahlgren in her classic *South Mountain Magic* (Boston, James R. Osgood and Co., 1882), in her discussion of the mysterious Maryland Black Dogs, one of which was the subject of my September, 1989 "Our Strange World" column:

"The canine marvel has so often been stated to have appeared, that some persons consider the repetition of this appearance as a proof that some singular occurrence is repeated in that locality. Yet these matter-of-fact people, who have not investigated, but relied exclusively on their own preconceived ideas of the probable, have been unwill-

ing to suppose that there could exist any element of the unreal in this matter other than the excited imaginations of the mountaineers. They have therefore supposed it to be some wild animal whose habitat has never been properly explored, and that infests the same spot, always taking the same paths after nightfall. Then, others again, equally intelligent, and perhaps more inquiring, deem that this view of the case is quite inadmissible, because no visible traces have ever been found indicating the actuality of a savage beast. If indeed such an animal ranged the forest, it would at least occasionally commit depredations, and it would also be more likely to frequent more remote and even inaccessible places, and not haunt an open forest path, or cross the National Road at a point so generally traveled over, so accessible to pursuit, and where it would most likely be caught or killed before any length of time had transpired."

If we are to reduce all accounts of mystery animals to the question of whether or not there is a "real" animal in the area to be found and studied, we will miss the forest for the trees and will certainly be looking at only a small portion of the bigger picture. Anyone who tries to use any one theory to explain mys-

tery animals is making a big mistake. Each theory should be applied to the case and used as a tool, not as something to believe in. A theory is just that. Each theory falls short of describing the larger phenomena, thus each acts somewhat in the manner of the Blind Men and the Elephant. In the study of mystery animals, the common *modus operandi* of the enthusiasts is to pick a theory and latch onto it like a barnacle. Generally, the nuts-and-bolts literalist approach is the one most often taken. Unfortunately, there are many strange aspects of these phenomena that are not easily explained by his theory.

The following are some of the various possibilities with respect to these crypto-creatures. I am not saying that I agree with any or all of the following possibilities, but I do feel the need to list them. Some of the following may be combined, to make matters even more complicated:

- The creatures could be objectively real, undiscovered zoological animals that manage to elude science. This nuts-and-bolts approach works in some cases of monster sightings but not many or most of them.

- The creatures could be imaginal; the products of the clichéd but sometimes-existent overactive imagination. Many Jung fans feel that the mystery animals are

archetypal manifestations. (Are some people in a state in which fantasy and reality intermingle—a state of surreality, of forteanism—where there is no distinction between waking state reality and the fantastic?)

- The creatures could come from elsewhere. But from where? Underwater? Underground? Other dimensions? They may come in crafts from other times or spaces. Perhaps trained, hairy hominids or genetically-engineered humanoids from the future are coming to check out this planet. A UFO/monster connection has been made by some writers. Are UFOs ET spacecrafts as many would like to believe, or are they time machines from our future or another time continuum? Did the Faustian magician's evocation of a "demon from hell" actually consist of the semi-controlled opening of a window into another world, resulting in the entrance into our world of some inter-dimensional wildlife?

- There could be a hoax or multiple hoaxes, after which imagination and misperceptions could take over and amplify the case.

- The creatures could be ghosts of past or future creatures. Some lake monster sightings may be those of ghosts of creatures that lived in those lakes in previous eras. Bigfoot may in some cases be a sighting of a long-dead man-

ape. Are there ghosts of gorillas? Of big Black Dogs, of pterodactyls, of earlier humans, of mongooses and opossums and insects? This may be true, especially if a ghost is thought of not as a soul or spirit trapped between two worlds, but rather as an image that periodically reflects through time or is "recorded" and "played back" occasionally.

- Perhaps others have the ability to see into the future and are glimpsing, in a visionary sense, the future monsters—the genetic engineering failures, the results of increasing mutations due to additional radiation from the ozone layer hole, the results of increasing nuclear radiation from power plants, dumping grounds, and nuclear laboratories. Is there a state which makes it possible to perceive entities that others do not see? They could be seeing something that was there once before, looking into the past.

These are all possibilities, and there is some evidence for each of them. Certainly they are nothing to believe in, but they are important to consider.

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THE SEARCH FOR THE HOLY GRAIL



art by Martin Cannon

David A. Wilson

For ages, people have searched for the Holy Grail—

Was it real or a symbol?

And if it is real, where is it now?



ut of the earliest days of Christianity comes a mythology so powerful it has captured the imagination of people for two thousand years. The Holy Grail has been a beacon for believers, leading them along the path to religious ecstasy; and yet the Holy Grail is also a physical object which, if found, can be

possessed by an individual. Some have sought the Holy Grail for enlightenment, some for unimaginable power. Here we are seeking the grains of truth in the sands of time and legend.

CHRISTIAN BEGINNINGS

The physical Holy Grail is believed to have been an impor-

tant part of Jesus' Last Supper, just before his crucifixion. It may have been Jesus' wine cup, with which he offered his blood to his disciples. This is *transubstantiation*, turning bread and wine into divine substances (literally, according to Catholics and symbolically according to Protestants).

According to the story, a cup was also used to collect Jesus' body fluids when he was speared in the ribs while hanging on the cross. These two cups may have been the same since Jesus' followers were mobile and carried their utensils with them. When Jesus asked Peter and John find a place for the Passover, they rented a room, supplying all the needed materials from their own resources.

Other concepts of the reality of the Holy Grail include a serving dish, which would be a wider-stemmed container, sometimes called a "crater" by the Roman culture; or a pyramid-shaped stone or crystal for healing energy. Those who do not or cannot accept the Grail as a physical object look to a symbolic image representing divinity or the spirit of the Christ inhabiting the body of Jesus during his ministry.

"Grail" comes from the Old French word *Graal*, and from the Middle Latin word *Gradalis*,

meaning a flat dish or cup. The tales favoring the idea of a cup give strength to the physical reality of the Grail, and urge us to look deeper in this direction,

THE JOURNEY OF THE HOLY GRAIL

Joseph of Arimathea was related to Jesus (an uncle?) and was a wealthy tin merchant. As a merchant of tin, he traveled widely. We know that the Jews were aware of the British Isles because each tin mine carries its distinct signature, and Britain's tin had been used in King Solomon's temple. From this we can surmise that trading with Britain remained active. Joseph may have traveled to Britain on business. This explains much when we follow his last journey.

It was Joseph who provided the empty tomb for Jesus' body, and he may have been the one to use the Grail to collect Jesus' fluids. Joseph was later imprisoned by the Jews as a conspirator, along with members of the Essene community. When imprisoned, his property and wealth were confiscated by the court. He and the other conspirators were released months later. They were banished by being placed in a boat without sail or oars, and were set adrift on the Mediterranean Sea.

They were adrift without food

or water for a long time, finally landing at Cyrene in North Africa, which is now northwest Libya. They bought sails and provisions and sailed to Marseilles. There they went separate ways, according to their missions, with Lazarus staying at Marseilles, Mary Magdalene and Maximin going to Aix to preach. Martha journeyed to Tarascon. These locations were in Gaul, or what is now France.

The rest of the travelers journeyed across Gaul to Limoges, then to Morlaix where they set sail for Glastonbury in the British Isles. The Druids deeded 12 hides of land to them (equal to 1440 acres), and Joseph of Arimathea

began the first settled Christian community, consisting of 13 wattle huts in a circle.

This is where the legend of the Holy Grail truly begins, and we can conclude that Joseph carried the cup from Jerusalem to Britain.

WHAT IS THE HOLY GRAIL?

Saint Joseph was buried near Glastonbury Abbey, just south of the original wattle huts of the colony. His sarcophagus also held two cruets, one white and one silver, which were claimed to be filled with the blood and sweat of Jesus. This story has been traced back to Maelgwyn of Avalon of the year 540 A.D. in the



The Journey of the Grail from the Middle East to England

Historia de Rebus Britannicus. You will notice that we now have reference to *two* cups—two Holy Grails.

Supporting evidence includes the fact that the earliest designs of the cross at Glastonbury included two covered containers with handles flanking the cross. Later designs show the handles missing from the containers.

During the reign of Henry II in the 12th century, the search for the Holy Grail began in earnest. It had then evolved to a standard chalice shape.

The few remaining literary references to the Holy Grail date back to the 1200s. Each author had his own interpretation of

what the Grail actually was, which does nothing to clarify the matter for us today. The *Queste del Saint Graal* described the Grail as a spiritual experience of ecstasy, while *Perceval, or The Story Of The Graal* by Cretien de Troyes has the Grail performing as a vessel which carries the Host for Communion. Robert de Boron's *Joseph of Arimathea* has the Grail serving as a vessel of the Last Supper.

And then came Sir Thomas Malory, author of *Le Morte d'Arthur*, the most widely read romance of Arthur and the Holy Grail. Malory relied heavily on the previous books mentioned above, and managed to incorpo-



Typical design of a chalice

rate each idea for the Grail into his story. His book shows extensive knowledge of the artifacts of Arthur and Glastonbury, and the oral traditions. The problem with Malory is that his own life casts doubt on the accuracy and sincerity of his work. The man was a murderer, a rapist, highwayman, and traitor. He wrote *Le Morte d'Arthur* while in jail for treason against the Crown.

The next question which comes to mind is: What was the Holy Grail composed of? The reference to Joseph's sarcophagus tells of white and silver cruets. The white could be a mineral or crystal, and the silver could be that or white gold. This seems straightforward enough until we come to another literary reference.

Parzival, written by Wolfram von Eschenback, circa 1200, describes a stone of oracular and magical powers, not even a cup as in other writings. The stone is described as "lapsit excellus." This brings us to the mineral kingdom, and while *lapsit excellus* is quite unknown, there are other lapis identifications we should consider,

The most widely known is lapis lazuli of the sodalite group. It is slightly radioactive. Could this account for claims of special powers? Lapis lazuli was used extensively in history, being one of the stones of Aaron's breast-

plate, and the material for the Egyptian Sun symbol. One story has it that the Ten Commandments of Moses were carved on this stone. It would be most fitting for the Holy Grail to also be created from lapis lazuli.

Lapis linguis, or azurite, is azure to dark blue in color. It is considered to be a healing stone of high potency. With a slightly different mineral content it is called lapis ligurius, or malachite, which has the color range of green to black, and is considered to have the power of physical and spiritual protection.

THE HISTORICAL GRAIL

When Joseph of Arimathea settled at Glastonbury, he founded the first Christian community, which was completely separate from what later became the Holy Roman Empire. The priests and practices of the community remained apart from the standard and powerful Roman Catholic Church until recent history.

The story of the Holy Grail has not been accepted by Christianity as a whole. It is mythos on a separate order from accepted reality, a special story of enlightenment from the deep mysteries of the British Isles.

There is a genealogy, written at Glastonbury, which shows King Arthur as a descendant of

St. Joseph. If the genealogy is based on truth—and there is some question, it being one of several genealogies—then Arthur had a right to the pursuit and possession of the Holy Grail.

Arthur's round table is popularly depicted as a council table for the king and his knights, but more likely referred to the giant zodiac located at Glastonbury. This zodiac is a faithful reproduction of the zodiac in the sky, but is placed on the land between the Glastonbury Tor and Camelot. It pre-dates Arthur's exploits and our present zodiacal figures, and is constructed from hills and rivers, roads and fields. It is here that Arthur sent his knights in search of the Holy Grail, wandering around the astrological figures, experiencing symbolic adventures and seeking spiritual awareness among the celestial gods.

When the circle of the zodiac is placed on the land, we can read the 12 signs in a counter-clockwise direction. The old figures relate to the present in approximate locations, and share many of our present constellation names. The Unicorn is our modern Capricorn; the Phoenix is Aquarius; Leviathan is Pisces; the Lamb is Aries; the Bull is Taurus; the Giant is Gemini; the Lion is Leo; the Corn Maiden is Virgo; Avalon and Mordred are Scorpio; the Sun King is Sagittarius. Libra

is not represented as its space is occupied by the Corn Maiden.

Sir Thomas Malory led his fictional knights into this zodiac and, without ever mentioning its existence, had them play out the parts within its boundaries until only the purest knight, Sir Galahad, found the Grail and survived.

Since the time of Malory's writing, many people may have searched for the Holy Grail; yet, if it is real, its location is still unknown. Only in recent history has an organization emerged which sought diligently for the Grail and other holy artifacts. The knowledge of this search did not become available until after World War II. The organization was an elite corps within the Nazi structure.

Heinrich Himmler was given the task by Hitler to organize the SS. He created multiple levels within the structure. The control given to Himmler by Hitler meant that there were no political checks or balances. The Black Order was formed strictly as an inner circle of mysticism and magic. Adolph Hitler once stated, "I am founding an Order. It is from there that the second stage will emerge—the stage of the Man-God."

The Black Order was formed around a church structure, with initiates being monks until they were ready to become full mem-

bers within the Order. As members, they were considered to be "above good and evil," and could commit any act—any horror—in symbolic preparation for the creation of the new Man-God. The torture and death of the Jews and others was part of this symbolic preparation.

We know now that Himmler and his SS were working on plans to steal the Holy Grail and were negotiating with a person in Britain who supposedly knew its location. The SS Black Order believed themselves in league with the powers of darkness, and felt they were heirs to the Holy Grail. Hitler said that he who possessed the Holy Grail ruled

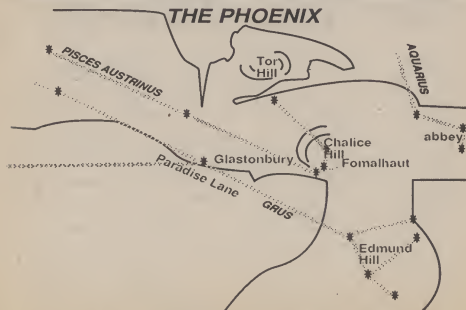
the world.

And did the Grail pass into Nazi hands? We do not know, and may never know. This attempt by a secret society to possess a mythical artifact lends support to the belief that the Holy Grail is a physical reality.

THE MYSTERY REMAINS

If we were to assume the Nazis failed to acquire the Holy Grail (after all, they did lose the war), then where would be the logical place to look? It could be sitting on a museum shelf, packed away in a storage crate waiting to be classified; or it could still be lost, waiting to be discovered.

Let us return to the Glaston-



Map of the Phoenix on the land-based zodiac around Glastonbury

bury Zodiac. Many clues lead there. The original Christian community and the Glastonbury Abbey at the Tor lie within the symbol of the Phoenix, the cup-bearer. Glastonbury Hill is the bird's cheek, and Chalice Hill is at the bird's heart. This is the site of Chalice Well and its unusual red water. Explanations for this color include a rare fungus and iron deposits.

The other sign which interests us is Draco, in the center of the zodiac. This locates the old polestar, the apparent center of our starry sky. Arthur, as the horse-riding bowman—the Sun King—aims his arrow at the polestar,

and suggests the Holy Grail could be located there.

After all these physical clues to the reality of a solid object known as the Holy Grail, it is important to point out that we do not need the object itself, that it may turn out to be a disappointing item to look at, to touch. What we need—and have—is the idea of the Holy Grail, the symbol of the physical self reaching a state of perfection or divine grace, and gaining spiritual awareness. The Holy Grail serves everyone as a beacon, a talisman on the path of enlightenment—all we need to do is take our first step



The Fruits of Slavery

By John Ellis Sech

The health problems of many black Americans may be caused by the change of diet forced upon their ancestors when they were brought to this country as slaves. This belief was responsible for a change in policy for the schools participating in Minnesota's breakfast and lunch programs that require school meals to provide lactose-reduced milk or additives which reduce lactose.

Many black Americans suffer from lactose intolerance, the inability to digest milk. It's believed that between 70 and 80 per cent of adult black Americans suffer from this disorder, compared to less than 20 per cent for others in the U.S.

This condition is found most commonly in the descendants of slaves brought here from West Africa. There was little or no milk in that area as it was difficult to raise dairy cattle. Because they drank little or no milk, many West Africans did not have sufficient levels of the enzyme needed to digest milk. This deficiency has been passed down to their descendants today.

It is also thought that the surprisingly numerous instances of high blood pressure in black Americans might be linked to the introduction of salt into their diet when they were brought to this country.



UFO HUNTING WITH BETTY HILL



Thomas M. Elliott

Much has been written—both **pro and con**—about the “UFO hunts” of Betty Hill. Here is a further story about her UFOing.

First of all, I am a skeptic—a *benign* skeptic, as I like to phrase it, but nevertheless a terribly hard guy to convince of anything intangible. Even in my profession as a writer, I deal mostly in “hard” sciences: computers, medicine and electronics. As a member of MENSA, I presumably know how to approach a situation and dispassionately analyze it.

Yet, I’ve been drawn to the unexplained and paranormal since my early teens, and eventually produced a series of television programs dealing with such matters. It was in the course of these pursuits that I met Betty

Hill. Thus began an 11-month period during which I and several companions accompanied Betty on her “UFO hunts” in the woods of southern New Hampshire and encountered phenomena for which neither my intellect nor my logic has provided a satisfactory explanation.

Betty and her husband Barney were allegedly detained and examined by extraterrestrials back in 1961. This was one of the first UFO abduction accounts. Many other such reports have followed, such as those by Betty Andreasson, Travis Walton and Whitley Strieber, as well as those cases documented by Budd Hopkins.

I've known Betty for almost ten years, and we still regularly attend each other's parties and dinners. Now retired from her career as a social worker for the state of New Hampshire, Betty keeps active and has the stamina and agility of a woman who looks at least a decade younger than her 70 years. Contrary to what some of her detractors have claimed, she's mentally sharp and refreshingly direct—a down-to-earth New Englander, as casual and unpretentious as the lady next door. The publicizing of her abduction has made her a celebrity, and she's appeared on many TV and radio talk shows, but I feel that, given a choice, she would have lived quite happily without any of it.

CHARLIE AND THE UFO

It was in October of 1979 that I invited Betty to be a guest on my TV program, and I had sent one of my new associates, Charles Harrington, to her home in Portsmouth, New Hampshire to do a pre-show interview. Charlie was a reporter for a newspaper on Martha's Vineyard, and a grad student at Boston University's School of Public Communication. He was a sensible-appearing young man, but the tale he told us when he returned almost made me reconsider my initial impression.

He reported that Betty had taken him out to her "UFO spot," a remote railroad crossing located just west of Exeter, New Hampshire. Exeter is the town where another UFO flap (commonly called the "Incident at Exeter," after the title of a popular account by John Fuller) occurred back in the '60s. A young man was buzzed by a UFO. Police officers who investigated saw the UFO return and later witnessed several saucer-shaped objects hovering at tree-top level.

The single railroad track runs through farms and forest, crossing a dirt road at one intersection and a numbered highway at another. Passenger trains no longer run on the track, but several freights still pass by on their way to and from Portsmouth. In the early '80s there were no houses nearby, but today it is a rapidly developing area.

Charlie and Betty had arrived shortly after dusk and stopped at the edge of the tracks. As they waited expectantly, a large saucer-shaped "mother ship" landed on the tracks, rose up a few moments later to let a train pass underneath, emitted a series of short beeps, and then shot a pink beam of light that illuminated the interior of their car as it started toward them. At that point, Betty became agitated and

said, "Oh my god, that's the same sound I heard the night we were abducted," and floored the accelerator as the car careened down the dirt road. Not knowing Charlie all that well, I let it pass without openly challenging him. But his story intrigued me enough to make me want to meet Betty and go on a UFO hunt myself.

SWITCHING SEMAPHORES AND CONVERGING CONSTELLATIONS

My first chance came on the evening of January 3, 1980, when I traveled to Portsmouth and accompanied Betty to the railroad tracks. My son Tom, a fire control

engineer on the USS Midway and home on leave from the Navy, was with me. On the first pass across the tracks, we could make out a faint, pink glow between the tracks, about 50 yards in the distance. Going around the block to reach the point where the tracks cross a numbered highway, we observed a railroad semaphore signal change repeatedly from red to yellow, even though no train was approaching. Betty informed us that this was caused by the mother ship settling down on the tracks and triggering the switch. Later that same evening, we gazed upward as strobe-lit objects moved across the sky, hovered, converged on one



The double red lights at the right of this photograph of the highway crossing are the ones that continued to flash even though no train was approaching.

another, and periodically vanished—yet did not exhibit the telltale characteristics of helicopters, weather balloons, or any other aerial objects with which I'm familiar.

A PYRAMID OF LIGHTS

My next visit to the tracks was on February 18th. This time I'd invited Mary Rowe, a psychologist for the Massachusetts State Department of Mental Health, as well as a semi-professional photographer who specializes in weddings and horse shows. Upon arriving at the tracks, we saw two small, headlight-sized objects down between the tracks. Like the other lights we were to see later, they appeared to be backlit, smoked plexiglass and cast no beam. According to Betty, these were the undercarriage lights of the UFO. We drove up the dirt road and parked, and again saw the moving and hovering strobes in the night sly.

We heard a train rumbling along the tracks and Betty suggested we go back to the crossing and "see if the mother ship had settled back down on the rails." Upon reaching the intersection we saw a towering pyramid of lights (actually large circles appearing to be made of the same backlit, smoked plexiglass we'd seen earlier) about a quarter-mile away on the tracks.

Stretching across the tracks and beyond the embankment on both sides, I estimated the object to be between 12 and 15 feet high and 25 feet wide. There were five or six tiers of lights, with six across the bottom row, and they blinked on and off like a pinball machine in random sequences. "The mother ship is communicating with the satellite ships we were watching before," Betty explained. The pyramid remained there for close to an hour as we circled around the block four or five times. Betty wouldn't allow us to leave the car or get closer, but Mary took photographs.

As we drove back to Massachusetts around midnight, Mary was noticeably nervous and confided to me that she felt "someone was watching or following us." The next day, Mary told me the feeling had continued throughout the night—"I sensed that something was just outside my windows"—and that when she'd opened the camera to remove the film, it was empty. My skeptical mind had already concocted the explanation that she'd been so excited in preparing for the adventure she'd simply forgotten to load the camera, but then she told me it had contained a partially-shot roll she'd loaded a week earlier when visiting her parents. Besides, any person with minimal camera experi-

ence would be able to tell from the "pull" of the advance mechanism and by watching for the turning of the supply knob whether a camera is loaded. I had read that UFO evidence frequently "vanished," and had thought to myself, "how very convenient." Now I give such stories the benefit of a doubt.

A DAYTIME INSPECTION

On March 3rd, Mary and I conducted a daytime examination of the site, and observed that many of the spikes that hold the rails to the ties were raised up in the area where Betty claims the "mother ship" sets down (and also at approximately the spot where we saw the lighted "pyramid"). We saw nothing that would account for the lights we had observed on previous visits at night.

We'd heard that on warm summer nights the dirt road is lined with cars, filled with the curious who've come "to see the show," so we asked some of the "locals" about any unusual happenings in the area. Watching their reaction, we got the distinct impression that they knew more than they were willing to divulge. They'd look uncomfortable, make some mention of hearing stories about lights and such, but claim they'd never gone to see for themselves.

A LIGHT SHOW AND A "PINOCCHIO NOSE"

One of my last visits to the tracks was on the night of April 5th. Mary and I had driven up in my car. Betty had arrived in her car with a friend from Sweden, Peter Edler, a science-fiction writer and engineer, and currently the editor of a Swedish technology magazine. Also with Betty were Elaine (Lanny) and Tom, a couple from Massachusetts. We both parked at the side of the dirt road, about an eighth of a mile from the crossing. Betty announced she was going to stay behind and talk with Lanny and Tom, and suggested that the rest of us go down to the crossing. "Just see what's going on down there, but make sure none of you goes down the tracks!" Mary, Peter and I eagerly took off, reached the crossing, and peered down the track. Off in the blackness were dozens of small, flickering white and red strobe lights and a softly glowing area of white.

Frustrated by not being allowed to get closer to the pyramid of lights a month earlier, I turned to my companions and said, "Now's our chance. This is the first time we've been here at night without Betty keeping tabs on us, so let's walk down the tracks and see what's behind those lights." They both demurred, citing Betty's stories of

how others who had disobeyed had been suddenly hit by rays that shot out of the darkness and were badly burned. I cajoled, pleaded, and literally pulled them along with me down the tracks, but finally gave up and left them while I proceeded ahead. My goal was to reach the switching box about a half mile beyond, which marked the spot where the mother ship was rumored to park. Also, the tracks veered around a bend at that point, and one could see the lighted crossing beyond. As I walked ahead, past a swamp filled with the chirpings and croakings of frogs and other night creatures, I noted that the pin-points of lights continued. At the halfway point, I noticed a brightly-lit red disk roll slowly across the tracks, up along the trees on the right, and off into the sky.

Just before I reached the switch box, the night became very still, and the flickering lights shut off, leaving me in the silent darkness. I waited for about five minutes, mentally daring anyone to show themselves. Getting no response, I turned and started back, constantly looking over my shoulder to see what was happening. Around the same point the flickering lights had shut off, they reappeared, twinkling as seductively as before. When I'd rejoined Peter and Mary, we compared notes and found that they

corroborated the red disk and the temporary cessation of the lights.

We walked up the road to Betty's car and when we came abreast of it, I could instantly tell that Betty was smoulderingly angry. She leaned out the window, and demanded, "One of you walked down the tracks, didn't you?" I confessed I had, and she glanced over at her two friends and said, "See, I told you someone was down there disturbing them." Then she turned back to me and said, "I knew what you were doing, because we were sitting here watching ships taking off into the sky, and I said to Lanny and Tom, 'someone's walking the tracks and stirring them up.'"

Then she added, "Didn't you see that UFO that followed you up the road?" As she described it later in her diary: "We saw two lights going along the tracks and then turn and come in our direction. Two round, white lights, but no light beam as headlights make. Lanny said the lights were closer together than car lights. When I opened my car window to listen for motor sounds, I heard nothing. We saw the three—Peter, Mary and Tom—returning, and these lights were behind them, so close that if they'd turned around, they could have touched the craft. As it came closer, we saw two headlight-type lights, with a smaller

white light on the left-hand side near the top. Both Lanny and I were so amazed we were speechless. Suddenly it totally disappeared when they came close to the car." Yet no roads or drive-ways branched off the dirt path between the car and the tracks, and no vehicle had passed by. I kept my mouth shut, but thought, "Oh sure, just another story to scare us into staying away." But what happened next left me not so sure of anything.

Suddenly Betty pointed toward the tracks and shouted, "Look there!"

We turned and watched in disbelief as ten large, round, evenly spaced strobe lights rose in per-

fectly choreographed unison above the ¼-mile-long stretch of trees bordering the very tracks I'd just walked. They flashed at us for perhaps ten seconds before extinguishing simultaneously. I remember that my first reaction was, "I don't know who you are, but you're acknowledging that I was down there on the tracks. In fact, you were probably watching me the whole time." I felt I had somehow "made contact." Following quickly on that was the thought that whatever was behind all this was figuratively thumbing its nose at me, saying in effect, "Ha-ha, we were here all the time but you didn't see us." I don't recall that any of us said much on the drive



"Pinocchio nose appeared on this photograph of the Moon although nothing was visible at the time the photo was taken.

home that night.

Two mementos survive from that unforgettable evening: One is a series of photos showing the multiple pinpoints of the strobe lights. One photo that is blurry, due to the hand-held exposure, shows a "Pinocchio nose" sticking out from the right side of the full moon, even though we hadn't noticed it at the time. The other is a tape recording. As it happened, Lanny had kept her tape recorder running during our absence that evening and at one point Betty, becoming quite upset over the disturbance we were causing, jumped out of the car and called out an apology to her "space friends" for my intrusion, ending with "I hope you'll get away ok." The tape is missing at present, but I've been told by several people that when it was played back later, a deep, guttural voice could be heard to reply, "We'll be ok."

For a long while afterward, Betty would have little to do with me, feeling I had betrayed her confidence and chased away the "visitors" as they no longer appeared as regularly as before.

On April 19th, Mary, her cousin Linda and I visited the track site without Betty. We saw the flashing strobe lights in the distance and Mary again saw the red ball rolling across the tracks.

CONCLUSION

I've been back to the spot a few times since, the last visit just a few days ago. But something is keeping me from going there after dusk.

Although the building boom continues, I've noticed that the new houses near the tracks stand idle or are occupied only briefly. The dirt road is now paved, and the trees reach closer to the sky.

But the question still gnaws at my mind: what really happened those evenings nearly ten years ago? Were they truly extraterrestrials? A secret government project (both Pease Air Force Base and the Portsmouth Naval Shipyard are close by)? A hoax?

Betty thinks they may be explorers from another galaxy, drawn to the area to study the geological and magnetic faults that run through the region. She further hypothesizes that railroad tracks offer them a firm landing pad for their ship (particularly in an area surrounded by swamp land), and a unique "highway" system that allows them to travel well below the tree tops and avoid both traffic and radar.

But, despite Betty's assertions, I have no strong intuitive sense as to who or what they were, or where they came from. I just know that *whatever* it was shouldn't have been there.



WEARING COLOR FOR SUCCESS

M. Blackerby

For thousands of years, mystics have known that color can deeply affect the wearer and those around him or her.

Psychological studies are validating that claim.

Here is how you can make *practical* use of this information.

Feel a little tired this morning? Maybe you should be wearing red. Feel like you can't get through the day without snapping at someone? Maybe a deep forest green is the answer.

We live in a world exploding with color. It is constant and dynamic in our lives. We eat, sleep and drink color, and when we make a purchase, color is usually a major factor in the choices we make. Did you ever wonder why?

There is a current interest today in exploring and explaining the different realms of color. People in general are becoming more color conscious. There are strong claims that colors can change the way we feel and act. Evidence exists that indicates we are even more color sensitive than was previously believed.

Researchers in color psychology regularly advise businesses

about color's influence on the public. These researchers claim more success for those who use color correctly. In the worlds of business and fashion, color has long been a major factor in design packaging, in marketing and in advertising. Colors are chosen which are felt to be more enticing to the buying public. There are few random color choices in the commercial world.

The use of color in the world of fashion and beauty has become more individualized and professional. Special consultants are now available to advise us on correct shades to use for certain complexions and other physical factors. These consultants emphasize the importance of colors on our overall appearance. They stress the idea that each one has special colors which work for and not against us.

A person interested in finding

out about these special colors can go to a color consultant. We can be color coded and placed in tonal groups. Sometimes these are referred to as seasons, and sometimes they are called color keys. Decisions are based on complexion and personality preferences. The use and knowledge of color is rapidly changing today.

One of these new color researchers is Robert Dorr, a colorist working in Los Angeles, California. He has created a color system, called Color Keys, which can be used to code an individual with the shades most harmonious to that person alone. Dorr claims we are all born with a basic color undertone. By identifying that key undertone we can select colors that not only enhance the appearance, but make us feel better, too. We will be more relaxed if we are surrounded by colors from our own key. We will look better to ourself and others. The use of his system, claims Dorr, means more success in all areas of life. Robert Dorr's *Color Key Dictionary* is available in most bookstores.

Although people like Dorr have recognized that certain colors enhance our different complexions, they do not really explore the emotional reactions to color and the messages certain hues send. This work is being

taken up by the scientific community. Studies are now being conducted in the areas of psychology and medicine with some interesting results.

Research done by Alexander Schauss, M.D., Ph.D., Director of the American Institute for Biosocial Research in Tacoma, Washington, is exploring what happens when we see color psychologically. In one of the Schauss studies, he worked in conjunction with the United States Naval Center in Seattle, Washington. They were interested in what color to use in a corrections center. With the help of inmates, a shade of violet was used in one of the cells and the reaction of the inmates to the color was studied. Inmates who were especially restless and nervous by nature reported feeling a calming effect after 30 minutes in the cell, and for some time afterward. Through his work, Schauss hopes to prove that when color hits the eye, glands are activated and in turn can affect blood pressure and respiratory movements. Dr. Schauss intends to show, scientifically, that color can trigger physical reactions.

Max Luscher, a color psychologist, developed the Luscher Color Test. This test is based on the notion that color, presented only as color, often produces a reaction that can be very reveal-

ing of how we may be feeling. Once we understand more about color choices we can usually identify approaching problems or become more aware of our current condition.

Color research done by Roger Ulrich, Ph.D., of the University of Delaware in Newark, indicates visual surroundings will influence brain waves. "Studies suggest that blues and greens have a calming affect," Dr. Ulrich says. "Oranges and reds activate or increase arousal. We know that a view of a natural

scene, woodlands or water, increases the brain's alpha waves which are associated with an alert, yet relaxed state of mind."

Color is universal since it can convey feelings and impressions without words. For example, an artist depends on color to express his or her views and to awaken responses of an emotional nature to his or her art. The entertainment industry also uses color to set the mood of its audience. In the advertising world, it is essential to the success of the product. Color is the basis of almost all visual communications.

Our preference for one color or another is highly individual. Each time we select a certain shade, we are making a personal statement about ourselves to the rest of the world. Color can be a powerful tool in always looking the best we can.

One of the most effective ways to utilize color is through our wardrobes. Colors worn next to the body are especially strong and influential. The color messages we are sending will be

A shade of violet was used in one of the cells and the reaction of the inmates to the color was studied. Inmates...reported feeling a calming effect after 30 minutes in the cell, and for some time afterward.

immediate and long lasting. Think of all the professions that depend on color to identify themselves. For example, the medical profession always wears white, and the clergy is usually recognized by its formal black.

The following information

about color is designed to help you in making some of your color choices. The ideas include the universal meanings attached to each color. If you use them a few times as suggested, you will find that the color you wear really does make a difference.

GUIDELINES FOR WEARING COLOR FOR SUCCESS

RED: Red is a strong color and should be worn sparingly. A red shirt, shoes and bag, for example, sends a loud color message—**NOTICE ME!** Red is the attention getter, and a great pick-me-up. Something red at the throat and wrists may give you that extra push you need on those sluggish days. Wearing a little red for a business meeting is an excellent idea. Just a touch of red in your outfit may add the impression of energy, and will help project an image of vitality and leadership. Wear red and enjoy it, just don't overdo.

YELLOW: Yellow is a friendly color. You should wear yellow when you are dealing with crowds or groups of people. A nice yellow jacket for a day in the Sun will bring you lots of smiles. You'll look so cheerful and healthy! Bright, sunny yellows and shimmering golds attract others. At the next party you attend, try wearing a soft, yellow

shirt or dress, or add a touch of gold around your throat or wrist. Notice the extra attention you receive. Yellow is considered the color of intelligence and may be helpful to all students. A yellow sweater or shirt in the classroom might give you that added spark of confidence you need.

BLUE: Blue is soothing and relaxing to wear. It is the color of self-confidence. Choose a dark, even blue for that polished executive look and feel. Blue instills trust from others and sends a message of stability. An aqua might be perfect for an interview you are nervous about. Middle blue adds just the right touch to the ambitious and the poised. It leaves a lasting impression. Blue, in all shades, is believed to awaken creative ideas. Try a heavenly blue shirt for your next artistic project and watch things flow. If you like to keep to the darker shades of blue, add a bit of gold or orange at the throat or wrist. It will add a needed sparkle without compromising your overall look.

GREEN: Green is the most soothing and comforting color in the spectrum. When you need to instill harmony into your day, wear some marvelous forest green. Green is a very sympathetic color and it makes others feel

just as relaxed as you do when they are in your company. It's a great color to wear when you have to work with the public. On those days when you are rushing around madly, grab a green jacket or scarf. By the time you reach your destination you'll be feeling a lot calmer. Green is a strong and healing color, and one you just can't wear too often.

PURPLE: Do you want to feel confident, look sincere and appear open to new ideas? Try wearing a bit of purple. When used with discretion, purple is the color of the executive and the high financier. It is the color of royalty, and a purple shirt or dress will create an air of mystique around you. The deep purple shades can make you feel and look unique. Be careful not to overdo purple, especially in the lighter and more red tones. You can give the impression of being too pushy if you wear too much. Violet shades are thought to increase mental activity, and they are considered to be the colors of mental knowledge and power.

ORANGE: Orange is a great color to add to your wardrobe. Like the Sun, however, it's best when not overdone. Choose a golden orange scarf, or a bright pinstripe fabric. You might find

yourself just a little more tolerant and generous to the world in general. Orange is the color of those who can give freely and lovingly. Orange is a complimentary color to all growing things, so if you're going to work in the garden, don an orange hat. Try wearing some orange on your next excursion with nature. You'll glimmer like a jewel among the greens and browns of the earth. Orange is best when you keep it sunny and light.

BROWN: Brown is the color of the earth, and it conveys a message of a firm and practical sort. It is a good color to choose when you need to reassure someone or when you need to appear conservative. Brown shades lend an air of honesty to the dealings with others. It leaves an impression of dependability. Brown is a good color for the peacemaker to wear, since it is a shade that throws all matters into a practical and reasonable light. If you wear brown often, you may need to add some reds or yellows to your palate. When the brown is dull and overused, it may send others a message of boredom. Brown is a great color to combine with some of the more aggressive shades. Brown can add dependability to the bright yellow of the social butterfly.

BLACK: Black is a terrific color and leaves a dramatic impression on others. It is perfect to use to accentuate all the other colors in your wardrobe. Black can be very effective in creating moods of mystery. When used with white, it gives the impression of confidence and formality. A black suit and a stark white shirt is the ultimate in dignity. A black hat, gloves and bag are the perfect thing for a slightly formal feeling. Too much black can be unapproachable. Use it with some of the brighter shades for a more casual effect.

GREY: Grey is a serious message color. It is excellent to wear when you need the attention of a group. Grey suggests conformity and creates an air of formality. Dull greys are not as strong as the more silvery hues. Wearing grey can suggest to others that you are reliant and trustworthy. It is a color chosen by successful executives and leaders. Wearing silver at the waist or ears invites the confidence of others. Grey, like the brown shades, is more

effective when accompanied by some of the more vivid colors.

WHITE: White is traditionally the color of purity and perfection. It is the one that invites trust and speaks of innocence. Wearing white makes you appear special

Red is a strong color. Yellow is a friendly color. Blue is soothing and relaxing to wear. Green is the most soothing and comforting color in the spectrum. Purple is the color of the executive and the high financier. Orange is the color of those who can give freely and lovingly.

to others. When you choose to wear white, you set yourself apart. White adds balance and creates harmony among all the other colors. It gives you a clean, crisp feeling. In white you look cool, calm and together. Stark whites with blue undertones are more untouchable than the softer creamy hues.

SAVED— BY A DREAM!

Sasha Tomey

Can a dream save your life?

Here is one dream that did just that.

"So how is your dream research coming?" Nancy asked.

"Umph," I groaned as I counted the money in the cash register drawer.

"I guess it's harder now that so many people are telling you their dreams," Nancy offered. There were no customers in the video rental store where we both worked, so we were free to talk.

"No," I said, "that's not it. I'm moaning in pain. Honestly, I don't think I'm ever going to feel well again. But I've been thinking that if this psychic dream stuff really works, I should be able to figure out what is wrong with me by using dreams. I'm getting tired of going to the doctor every week."

"Why don't you make an appointment to see Dr. Masters?" Nancy asked (Dr. Masters was a well-known internist).

"I've been to an allergist. I've been to the clinic and talked with the doctors there. They say the only thing wrong with me is that I eat the wrong foods, and I need to stay away from cats," I told her.

"I think it's more serious than that," Nancy said.

"I think it's PMS," I responded as I rushed to put the day's receipts where our manager could get them.

"See a doctor!" Nancy called after me. "You don't look so good."

A few days later I was still complaining. As I dragged myself around, I explained to friends that I was probably just a little nervous. A nervous stomach seemed to me to be a logical explanation, although I couldn't define what I was nervous about. I wondered more about the possibility of finding out what was

wrong with me through dreams. I had seen some of the best doctors. So far no one could explain why I was so tired and why I looked so pale.

Psychic dreaming was not new to me. As far back as I can remember, my father has relied upon his dreams to direct him. When my first marriage ended, it was through dreams that I located my second husband; a man I had been dreaming about for over two years. Still, I reasoned, doctors are supposed to tell patients what is wrong with them. Dreams were something I used to direct other facets of my life. Could a dream pinpoint something a doctor could not?

YOU COULD BE PREGNANT

One morning I woke up thinking about my friend Allison. As I moved to get out of bed, I nearly fainted from pain. I picked up the telephone and quickly dialed the number of the clinic where Allison works. After hearing my explanation for calling her, Allison said, "You could be pregnant." I laughed. Allison knew that I had undergone a tubal ligation after the birth of my son. "It happens," she insisted. "Come in today. We have a new doctor working here this morning. I think you'll like him."

Allison was right, I did like the doctor. He was young and

asked different questions than I had been asked previously. He ordered some blood tests and sent me to the waiting room as he said, "I think you're pregnant." I laughed in spite of the dizziness and pain. I thought Allison must have put him up to that comment to keep me from worrying.

"You are pregnant," the doctor told me an hour later. I sat in his tiny office waiting for him to tell me that I did indeed have a nervous stomach, or a minor infection. He said again, "You're pregnant."

As I burst into tears, Allison came into the room. She hugged me and said, "We ran the test twice."

My husband was wonderful and supportive. "We'll be fine," he said as he put our two children to bed. I was too tired to discuss our future with him. As I lay in the dark thinking about the day's events I thought, please I need to know why I feel so sick with this pregnancy. I had never been ill during my other two pregnancies and had never experienced any unusual pain. I wanted to know what was wrong with me. I fell into a deep sleep.

When I awoke the next morning I got out of bed quickly so that I would have time to get myself dressed before my children awoke. I had to keep pausing as I put on my clothes to shake off the

dizziness. It was not until I was bending down in my closet to retrieve a lost shoe that the images of my dream came back to me.

THE PSYCHIC DREAM

In my dream I had also been reaching for a shoe. The shoe was way back in my closet underneath a metal shoe rack. As I bent to free the shoe, I heard a baby cry. I looked closer and saw that

a baby was trapped underneath one of the horseshoe-shaped shoe holders. I tried to pry the baby loose. No matter how hard I worked to free the baby I just could not do it. As I tugged and pulled, I could feel my arms and legs getting weaker.

It felt as if my entire body was growing numb. I'm dying, I thought. I roused from my sleep just enough to move me from the puzzling dream into that almost-awake state where I dozed, asking myself why a baby would be in my closet.

As I stood against the closet door I knew that I had my answer. The baby was not caught

in a shoe rack, but in me. "I am dying," I said out loud. I stood there for a moment, willing myself not to panic. I thought of my children and hurried to the telephone to call their sitter. As Faye hurried into my house, I rushed out yelling instructions as I went. She looked puzzled, but I knew I didn't have any time to waste.

Thankfully, there wasn't a lot of traffic as I negotiated the 30-minute trip to the hospital. When dizziness and fear seemed overwhelming, I sang along with the songs on the radio. I kept telling myself that I wouldn't have had the dream unless I could do something about it.



—Sasha Tomey—

Her life was saved by a psychic dream.

Once inside the hospital, I stood in the waiting room and cried until someone came to help me. It had taken all my energy and will power to drive there. An aide took my blood pressure and assured me that the doctor would be with me in just a few moments. I had barely settled myself in the waiting room when the doctor called me. In too much

pain for a detailed explanation, I handed him the results of my positive pregnancy test and told him about my dream. He scanned my medical chart, studying my past history. "This is serious," he said finally. I nodded in agreement. "I think you're right in your interpretation of your dream, and your condition. But let's do an exam to be certain. I need to know just how serious things really are before we do anything."

SAVED!

"Your dream saved your life," Dr. Bowen said as he stood over my bed several hours later. I was still groggy from the anesthesia. "When you said you dreamed a

baby was caught under a metal shoe rack, I knew exactly where to look for an ectopic pregnancy. Fallopian tubes are just about the size of those kinds of racks. We found a rupture right where your dream put that baby. You're a very lucky woman. A few hours on your feet this morning and we might not have been able to save you."

As friends and family began calling to wish me well, they all wanted to know how I had known to get myself to the hospital. "I had a dream," I told them. Never again would I doubt the power of my own dreams to tell me exactly what I need, exactly when I need it!



ASTROLOGICAL INSURANCE

Lina Accurso

Astrology doesn't create events or situations, but it is excellent for timing them and in helping us to plan our lives intelligently. One of America's best astrologers, Grant Lewi, used his chart to plan his death intelligently by providing security for his family!

At the time of his birthday in June 1950, Lewi saw terrible "transits" (relationships between the planets and signs) for his chart in the summer of the next year. He felt that this might be foretelling his own death. Lewi had never believed in or bought life insurance, but he started to buy plenty of it.

Thirteen months later, during the early hours of July 14, 1951, he died suddenly of a cerebral hemorrhage. Although Lewi usually had a full calendar, scheduled months in advance, he'd made no appointments or plans for August 1951 or later.

Though his wife and children were distraught, Lewi's insurance policy supported them comfortably for years to come...a policy for which, as his friend, neighbor and fellow astrologer Carl Payne Tobey pointed out, he'd paid only 13 months of premiums.



RAISING PSYCHIC CHILDREN



Marion Zimmer Bradley

**A world-famous author shares her methods
for raising children with psychic abilities.**

When I was a young woman teaching in Texas, one of my colleagues asked me, "how can I get my son Tommy to read as much as your David does?"

I asked, "How old is Tommy?"
"Ten."

"You're nine and a half years too late," I told her. "You have to start a kid reading before they're two or three years old. David sees his mother and father reading all the time. He's already got the idea it's a good thing to do. You can't let a kid do nothing but watch TV till he's ten and expect him to get the habit of reading because you want him to."

START THEM YOUNG

I'd say the same thing if somebody had asked me, years ago when my two younger kids were small, how to teach kids to be psychic. "Start them off young. Preferably before anybody gets around to telling them it's impossible." Which means that if you want your children to display any psychic talents you had better catch them before they go to school, because the first thing they will learn in school is to be "realistic," never to think they can do anything everybody else can't do; or if they can, never to talk about it—it's undemocratic.

It's my firm belief that most, if not all, young children are psychic; and in a perfect society, this would be recognized and taught—and encouraged. In fact, the lack of this ability would be recognized as a tremendous handicap; not quite on a level with physical challenges, but definitely a handicap.

Here is an example of only one of the benefits of being psychic: My secretary, Lisa, often comes to me with an unopened letter in her hands and says, "Here's one that feels funny. Be careful."

Whenever she says that, I know it will probably be a crank letter, or at least pretty silly, taking up valuable time. Or it may very well be from a deranged or seriously disturbed and possibly dangerous person. The murder of John Lennon, and the recent shooting of a young Hollywood starlet by a fan, give us ample evidence of how important it can be to spot these people *before* they make trouble. Anyone in public life—and I have 50 books in print—will inevitably pick up a few "fans" who are at least seriously disturbed, if nothing worse.

I am convinced that Lisa's talent for spotting incipient crazies has saved me from attracting any possible Mark Chapmans or John Hinckleys out there in the audience. Chapman, of course, was

the assassin of John Lennon. Hinckley was the man who developed a crush on actress Jodie Foster and attempted to assassinate President Reagan to impress her.

It's obvious to me why it is important to preserve the psychic powers which, I believe, all children have when they're born.

SCHOOL DAZE

But if most children are born psychic, how and where do they lose that power?

Do you really have to ask? They lose it in school.

A modern, scientific education is a wonderful thing. The United States, since its inception, has tried to make available on a wholesale basis the kind of education which from the beginning of history was available only to a limited few such as priests and royalty. The "sacred secrets" taught in the Temples of ancient Egypt, including reading and elementary mathematics, are taught today in the first couple of grades in elementary school—or *should* be.

I am convinced, by experience and by faith, that it is possible to raise psychic children if and only if you get them started early enough—before they learn that such things just aren't possible.

The reason some psychic researchers fail to get good

results is because they tend to extinguish the very responses they're trying to validate. Some people, being very paranoid about "scientific

investigation," would say it's all a plot to discredit psychic research by setting up impossible conditions. Their research methods are like those of the man who investigates a radio by saying, "You must have a little man hidden in that box."

Psychic research of this kind will *extinguish the very research it seeks to validate* by boring people out if it.

I have been teaching ever since my fourth grade teacher decided to use me as a teacher's aide. After years of teaching and study, I came to the same conclusion about school as I have about some fields of psychic research: school is set up to bore kids into abandoning learning.

It seems like the first thing every teacher tells each child is, "Don't be so imaginative. Learn to

live in the real world." At least, that was my experience—and the experience of almost every other

In this game [parcheesi] you have to roll doubles to get your pieces into the game. I taught...psychism by saying in a teasing way that, "I'm going to take all the doubles off your dice so you can't roll any."

Patrick, and later his sister, were forced to use their latent talent for psychokinesis in order to roll doubles anyhow.

bright kid I've known. There are certainly a few honorable exceptions, but I came rather reluctantly to the conclusion that at least the three teacher's colleges I attended were set up in a way as to encourage teachers to squash all the creativity. Worse, they try to crush all the curiosity out of kids to make them better subjects for memorizing facts. The proliferation of multiple-choice tests, the growth of many movements

to get better pay for teachers for doing less, demonstrates this. I refuse to believe teachers were so much more efficient in days past. I think it's a matter of expectations.

In my day, they also got furious at my mother because she had taught me to read at home. Today teachers and parents have recognized that reading is too important to leave to teachers. They know that if your kid doesn't learn to read, or at least to love reading, before he ever walks through the doors of the school, he probably never will.

LISTEN TO YOUR CHILD

Similarly, if you haven't taught, or at least encouraged, your child to be psychic by the time he goes to school he is likely to get it "beaten" out of him—or at least laughed out of him—before he's through first grade. So the first thing I would say to all mothers who want a psychic child is: "Don't be overly skeptical. Above all else (and this is, or should be, just one of the precepts of good mothering) *listen* to your child.

There is now considerable evidence (as detailed in a recent issue of *Psychology Today*) that your children can really be influenced *prenatally* by your experiences. I used to doubt my son, Patrick, when he said he recog-

nized a piece of music I heard before he was born. Now there is scientific evidence that infants in the womb *can* hear, and after birth recognize, music they heard prenatally. My belated apologies to Patrick! I should have believed him, if only because I know Patrick to be a truthful and down-to-earth kid not given to fantasizing (in spite of his psychic training).

REWARD AND ENCOURAGE

Yes, I trained my children to be psychic. The best way I found was by rewarding them instead of punishing them for using psychic abilities. I reinforced the behavior I wanted to emphasize. As a result, my youngest child became something like a weather balloon for predicting her father's illnesses. If she fussed unduly as a baby, I knew her father was on the verge of an ailment. I hate to think what would have happened if I had simply ordered her not to be fanciful. Of course, rather than making predictions, she may have been simply picking up her father's irritability—even from another room—psychically.

I've never understood why people debunk psychism on the grounds that it's "only" telepathy. Telepathy is itself an important form of extra-sensory knowledge. When I was in college, one

of my standard psychology textbooks, used by every elementary freshman class, urged students to get rid of "superstitious baggage" such as "the belief that one mind can communicate with another by telepathy." Now scientific debunkers in psychology debunk ESP by saying "Well, of course it might be *only* telepathy."(!)

DON'T BE A DEBUNKER

To repeat, if you want to raise a psychic child, listen to your child. Never debunk him or tell him that you disbelieve in his reality. If you don't believe in ESP, the best thing you can do is to *suspend disbelief*. This means that when your child tells you something, don't speak to him as if you were a prosecuting judge. If your child is generally truthful, believe what he says until it is proven false. If the child is in the habit of lying, the truth will come out soon enough. This is just good psychology. Far too many parents take the view that, "If what your child says sounds unbelievable, disbelieve till he submits proof." This is the perfect way to ensure that your child won't believe *anything* said to him or her without proof.

This may lead to disciplinary hardships in the future, especially when your child

approaches adolescence and encounters drugs and other dangers for which you want him to take your word without necessarily experimenting for himself.

SENSIBLE AND PSYCHIC

The science fiction writer and editor, Lester Del Rey (he is, of course, a complete rationalist, which all good science fiction writers think they should be) once said, "There's a difference between having an open mind, and going around with every wind blowing through the loose places in your mind; you're likely to end up going through life like an old truck, with all the slats rattling."

So how do you raise a sensible child with enough skepticism not to be a born victim for every con man and still be open enough not to cut off all his psychic abilities before his sixth birthday?

Begin by teaching him that there's a time and a place for everything, and that the classroom isn't the place to practice psychism. One way to do it is by creating a special field of awareness. Don't treat the whole thing with an almost religious solemnity. The main purpose of most kids' lives is to have fun, so make a game out of this. Psychic training should be *fun* for a kid in the same way an Easter egg hunt is fun. In fact, an Easter egg hunt is

a perfect example of a fine way to train your young children in psychism. Hide some eggs in a place where they'd have to be a little bit psychic—or maybe read your mind—to find them. Also be sure to hide a few others where it will take only knowledge of human nature, or just good, sharp eyes, to find. But set it up so everyone will find some, psychic or not. Make sure they all get some success. That way they'll all enjoy it and they'll never get bored.

PSYCHIC GAMES

Another good way is to set your kids up so psychism will help them get successes. Every good parent teaches her, or his, kids to play simple games like checkers and parcheesi. One of my favorite teaching tools was a parcheesi game. In this game you have to roll doubles to get your pieces into the game. I taught, or at least encouraged, psychism by saying in a teasing way that, "I'm going to take all the doubles off your dice so you can't roll any."

Patrick, and later his sister, were forced to use their latent talent for psychokinesis in order to roll doubles anyhow. Don't keep this up long enough to frustrate them too much, but as long as it's fun, it's a great teaching tool. My secretary Lisa encouraged psychism in her younger sister by

playing backgammon this psychokinetic way.

This can later give way to some heart-searing moral dilemmas. I still remember Patrick coming to me when he was about 11 and asking if it was ethical in a game of Dungeons and Dragons to "hex" the dice of the other kids. This was a serious moral question indeed, and I thought a while before asking how the other kids felt. "Did they do it," I asked?

"Oh yes," Patrick answered, "they brag how they're going to hex my dice."

"Then, if you all agree it's OK, it's OK," I told him. "You have the right to make your own rules in this game. But if you all agree not to do it, then you shouldn't do so."

I sometimes wonder about my kids' psychic abilities. One day, when my kids and a couple of others were all with me at Disneyland, the Sun had given me an appalling headache. I started sending psychic messages to the kids saying that I wanted to go back to the hotel and they should come and meet me at the agreed-upon gathering place.

Maybe they *were* psychic.

Not a single kid showed up until closing time.



PHOTOS FROM THE OTHER SIDE

Marc Swan

**Many spirit photos are obvious fakes,
but this photograph of a young girl with one curl
makes us wonder!**

Recently, I interviewed Mrs. Mildred DiLullo about the *Brits of Cape Cod* for a local newspaper article. She is the president of this social organization for transplanted, British-born residents. The interview was straightforward and generally objective, until I closed my notebook. Then the real story emerged.

Mildred is a pleasant, good-natured grandmother with ten grandchildren. Pictures of the three youngest are displayed above a brightly colored, floral-patterned sofa in the living room of her Centerville, Massachusetts home.

You could easily imagine her wearing a crisply starched apron and serving hot tea and freshly baked scones in a typical English country inn. She has a quiet, unassuming manner. Her demeanor is characteristically controlled and low-key.

She didn't become animated until she recounted her early days growing up in England with her parents who were Spiritualists. They traveled around the English countryside holding seances in people's homes. "It was before baby sitters were popular," Mildred recalled, "so as a child I would accompany them."

She vividly remembered her first encounter with spirits. "I was four or five years old, sitting in a corner reading a book while my father conducted the seance. Suddenly, the book flew out of my hands and floated around the room." Mildred described how her book moved from one point to another in the air. Then, like magic, it was returned to her.

She wasn't afraid, she said. Her parents had told her about the power of spirits. In this case, it was the dead children. "They

wanted to see her book, too."

Other things happened. Mildred brought out various pictures to exhibit while she explained these occurrences. The photographs were well-aged, brown sepia prints with tattered corners.

In the first picture, Mildred's mother and father were seated, with Mildred kneeling in the foreground. "A medium took all of these," Mildred said. "In this one, he had conjured up the spirit of Gertrude, the youngest of her mother's sisters."

The spirit appeared in the center of an ectoplasmic cloud directly over Mildred's father's left shoulder. Her one curl fell across her forehead. Her facial features looked lifelike.

Mildred described the history of this particular picture. Her mother had two older sisters. They both died, one right before and one right after Christmas, in the same year. The youngest had curly hair and she would wear it with three curls in front. When

she was sick with the measles, which was lethal at the time, her hair straightened. Mildred's grandmother would fix it with one curl hanging in front. "A picture was never taken of her with one curl," Mildred added.

Apparently, the only photograph of this child was kept in her grandmother's drawer and

was not accessible to the photographer/medium, "even if he had wanted to try to alter the results." Mildred produced this original photograph.

It was clearly the same child, only taken at a different angle. She had three curls in this one rather than the one curl in the "spirit picture." She was four years old. The picture was taken in 1897.



Photo of Gertrude at age four.
Three curls fall over the forehead.

The date on the spirit picture was 1930.

There were other photographs of family members and friends taken by the same medium. Each picture had a spirit in it. The facial image of the spirit was distinct and usually within a shroud of swirling haze.



Spirit photo shows image of Gertrude floating over the left shoulder of Mildred DiLullo's father. Note that this image shows only one curl over Mildred's forehead. No photo was ever taken of Mildred with one curl.

One picture included Mildred's uncle. His deceased father's head floated at an angle directly above him. The head shape was exact and proportional as in all of the photographs.

In another, aged photograph, Mildred's father (at a younger age than in the family portrait) is sitting in the foreground. His aunt's head literally swims in a cosmic cloud directly over his.

Mildred didn't question the authenticity of any of these photos. When asked if she had ever seen any spirits, she quickly responded, "I don't want to. I told my parents when I was just a little girl that I didn't want to see them."

She is content in her belief that they existed. Smiling confidently she added, "That is enough for me."

It had been years since Mildred DiLullo had been in a Spiritualist church, or attended a weekly service. On a recent Sunday, she and her husband, Daniel, and a friend went to the Spiritualist Church of Plymouth, Massachusetts. Mildred described this unusual day.

A guest medium was conducting the regular activities. She scanned the room finding people she wanted to address in the spiritualistic style: to highlight things that were happening in their lives, to reinforce events

that had happened to them, or to describe important people from their past who were looking out for them.

Mildred wasn't surprised when she and her husband and friend were overlooked. "It had been a long time since I'd attended a Spiritualist church meeting," Mildred readily admitted. "There was no good reason that I would be singled out."

The guest medium sat down and turned the meeting over to the regular medium of this church. She immediately spoke to the gathering about a few people in attendance to whom she was drawn, individuals who had been passed over by the guest medium. Mildred was amazed that she, her husband and friend were the ones the regular medium had in mind.

She told Mildred about a man who was looking out for her "from the other side." She described him as a man of ledger books and detail, a man who loved her but never told her so, a man who had died from an illness in his chest. Mildred added, "When she talked about his death, she actually struck her chest with her closed fist."

She advised Mildred that he was worried about her financial affairs. He wanted her to watch them more closely. Mildred smiled when she recounted this



Photo of Mildred DiLullo's father (at a younger age than in the previous picture) with his aunt's head floating in a cloud above him.



Mildred DiLullo's uncle sits in the back row wearing glasses. The head of his deceased father floats at an angle above.

message from her father. He had been an accountant and a tax collector before he died of lung cancer.

Then she talked about Mildred's husband and an illness that was necessitating surgery, another verifiable fact "that the medium couldn't have known," Mildred said. Her husband would be going in for bypass surgery within the month. The medium told them not to worry. Two doctors on the other side would be looking out for him.

The medium addressed Mildred's friend. She described a man whom she saw standing behind her. He was dressed in a dark suit and was holding a red rose. The woman was flabbergasted. She religiously keeps a fresh, red rose next to her deceased husband's picture on her nightstand.

Editor's note:

Today many of us look back and smile at what seems like the naiveté of earlier times. Most so-called "spirit photos" seem to be obvious fakes to our modern minds. Even many ardent supporters of Spiritualism do not accept spirit photos as proof of their beliefs.

Upon seeing the accompanying photos, especially those of Gertrude, we decided to publish this article and the photos because we had too many ques-

tions. Let us assume that the medium who took the photographs could, indeed, fake them. How did he get a copy of the photograph to which he did not have access? How did he know to alter it to show only one curl instead of the three in the original? How was he able to show the face from a different angle? If it is a fake using a photo of a different girl, how did he know to have one curl?

There are many possibilities, and many possible answers—some of them rather convoluted in their contrivance. And even if this photo is a true spirit photo, it does not prove that other such photos, even the others in this article, are real.

When we first saw the photos of Gertrude we were left with a sense of wonder. We still have many questions. Only time and investigation into life after death will provide the answers.

Skeptics, of course, will scoff. But they should be reminded that perhaps the greatest of American inventors, Thomas Edison, tried to build a telephone to talk with the dead, and Abraham Lincoln held seances in the White House.

Is it possible that our personalities survive death? Is it possible that photographs can be taken of those personalities? Perhaps someday we will know for sure.

A WATER VAMPIRE?

By Karl P.N. Shuker

The only sign of this mysterious monster
Is a small bite
just below the neck of the victims.
Can it be caught?

To describe Britain's latest mystery beast as a water vampire may not be as melodramatic as one would first suppose—especially after consideration of its unique characteristics. According to media reports, its home is a river situated close to Rhayader in mid Wales, from which it emerges at night to kill sheep on a nearby 2,000-acre farm called Bodalog, owned by the Pugh family. Unlike those of foxes and dogs, its victims' carcasses are not ripped or torn in any way. Instead, the only sign of their mysterious marauder's attack is a small bite just below

the neck, close to the breastbone or sternum.

By the middle of October 1988 the mysterious beast had killed at least 35 sheep. Its scent had been trailed back and forth to the river by foxhounds, but it has yet to be seen or identified. As noted by London's *Daily Mail* on October 10, many suggestions regarding its possible identity have been offered, ranging from otter and dog, to mink and even to some form of snake. University scientists have examined the carcasses and admit to being thoroughly perplexed.



Is the European viper, shown in this illustration the Welsh "water vampire?" Or is it some other poisonous snake not native to England?

Their bewilderment is not surprising, as the Bodalog beast clearly poses some singular problems, with none of the more conservative explanations satisfying the facts currently available.

COULD IT BE AN OTTER OR MINK?

Its aquatic habitat immediately rules out a fox, cat or stray dog as the culprit. Otters are relatively large creatures, but certainly are not sheep killers. They are known to take small mammals in their diet from time to time, but nothing approaching the size of a

sheep; in any event, their principal sources of food are fish and aquatic crustaceans.

Mink, although much smaller than otters, are far more blood-thirsty by nature. Not native to the British Isles, they now exist in a naturalized state in many parts of the country—descendants of fur-farm escapees belonging to the American species, *Mustela vison*. Mink have wide tastes, ranging from fish to birds as large as moorhens, and mammals as large as young rabbits (reports even exist of mink having killed pet cats and small dogs!). Nevertheless, sheep

would surely be far too large for any mink to tackle successfully.

One suggestion, from an unnamed "expert," is that some form of giant mink is responsible! Mink, however, do not normally attain sizes in excess of 66 centimeters (about 26 inches) in total length in the wild, and there is no evidence whatsoever that mink of a size commensurate for sheep killing have ever existed in Britain.

A little-known species called the sea mink (*Mustela macrodon*) once inhabited the coastal waters of New England and the Canadian maritime provinces, and was indeed somewhat larger than other mink species, but it became extinct in the early 1880s, and is totally unknown either in living or even in fossil form in the Old World.

COULD IT BE A LARGE SNAKE NATIVE TO BRITAIN?

As for snakes, Britain only has three species. The only poisonous snake native to England is the European viper or adder (*Vipera berus*), which is a predominantly ground-living, diurnal species that feeds on nothing larger than lizards and small mammals.

Relatively more aquatic by nature is the nonpoisonous, diurnal grass or ringed snake *Natrix natrix*, whose preferred prey

species are amphibians and fishes, though nestling birds and small mammals are also occasionally taken.

Lastly, Britain has a small number of the smooth snake *Coronella austriaca*, confined to southern England. This is another nonpoisonous, diurnal species whose diet consists mainly of lizards and small mammals. Clearly, none of these species constitutes a very convincing candidate for the Welsh sheep killer.

A POSSIBLE ANSWER

It has yet to be ascertained whether the Pughs' sheep were actually poisoned by their attacker, but if tests ultimately reveal that this did occur, then it is possible that a nonnative, and rather large, aquatic, poisonous snake is on the loose. It could be a pet that either escaped or, for some reason, was released.

If this is true, then there is a very real, severe dilemma to be faced, for there are few animals on Earth as elusive as snakes, especially those species which are adept at traveling not only across the land, but also through the water. It may indeed be a far-off day before the sinister "water vampire" of Wales is even seen, let alone tracked down.

Astrological Influences

For March 1990

by Anne Lyddane



♈ ARIES—March 21-April 19

A fine month for solitary creativity. Follow your intuition and inner voice. Romance available through groups and friends, with someone who is original and independent. Be practical and patient regarding career.
—Lucky days: 2, 12, 19, 24, 26.

♉ TAURUS—April 20-May 20

Organizations connected with psychic research and assisting those in trouble are accented. Compassion and sympathy important. Love available at career site with someone "different" from the ordinary. Overseas travel may combine business and pleasure.
—Lucky days: 12, 17, 21, 25, 27.

♊ GEMINI—May 21-June 20

Public image plus career situation takes the limelight this month. Kindnesses from the past can be rewarded. Listen to your hunches. Romance from a foreign land? Watch budget and spending.
—Lucky days: 3, 8, 16, 22, 31.

♋ CANCER—June 21-July 22

Travel, particularly by water, accented. Get away for relaxation. An old friend and potential lover suddenly appears. Investigate before making marital choices. Exercise patience with children now.
—Lucky days: 1, 9, 24, 25, 26.

♌ LEO—July 23-August 22

After mid-month you may feel an impulsive urge toward a marriage and/or business partnership. Check realism here. Continue practical outlook in connection with work matters. Home base needs a sympathetic response now.
—Lucky days: 4, 6, 13, 16, 21.

♍ VIRGO—August 23-September 22

Attention continues to focus upon children and lovers. Marriage relationship can be tender and rewarding on a deep level. Follow intuitive feelings here. Use patience with relatives and neighbors.
—Lucky days: 5, 13, 16, 22, 27.

♎ LIBRA—September 23-October 22

Work and employment relates to services now. Compassion and gentleness can work successfully for you. Lovers are illusive. Finances need realistic handling. Home base calls for strong foundations, endurance and a long-range viewpoint.
—Lucky days: 2, 12, 17, 20, 22.

♏ SCORPIO—October 23-Nov. 21

You may desire a new type of living quarters or getaway places—a second home, a boat, trailer or van may appeal to you. A former lover or friend appears with sweet memories. Relatives expect much from you.
—Lucky days: 6, 10, 16, 25, 27.

♐ SAGITTARIUS—Nov. 22-Dec. 21

Your home base feels comfortable. You can be creative and secure. Spend time going within. Finances continue to need realistic treatment. Romance can be found next door in a sudden, unexpected way.
—Lucky days: 3, 9, 14, 24, 26.

♑ CAPRICORN—Dec. 22-January 19

Communications carry interesting, almost mystical messages. Relatives and friends appear sympathetic toward your goals. Finances seesaw—try to get them balanced. Think before making a marriage commitment.
—Lucky days: 2, 11, 16, 25, 29.

♒ AQUARIUS—January 20-Feb. 18

Trying to buy love just won't work now. You need to give loving portions of yourself. Your value system is important. New creative projects need grounding and organizing. Listen to your feelings regarding work.
—Lucky days: 6, 10, 15, 17, 22.

♓ PISCES—February 19-March 20

Communicating your needs and desires can be effective now. It is time for you to expand horizons and project a new self-image. A mysterious or unusual romance is a potential. Avoid foreign travel if possible. Groups offer you a responsible, trustworthy position.
—Lucky days: 1, 4, 10, 15, 25.



MY PROOF OF SURVIVAL

By the Readers

POP POP JOE

By Dennis A. Ambrose

On Thanksgiving night in 1983, I received a telephone call from the hospital saying that my father, Joseph Ambrose, had died. After a 10-year battle with cancer his suffering had finally ended. Now I had to try explaining to my four-year-old daughter Jenny that her grandfather and closest friend was no longer with us.

For Jenny, only the memories remained. The backyard baseball games and the rides in the wheelbarrow would always be remembered as she grew older. But now, "Pop Pop Joe" had suddenly disappeared from her life and no one would be able to fill his place or offer a reason why he never said good-by.

On the second night after Pop Pop Joe's burial, Jenny began talking and crying in her sleep. She never had a problem with

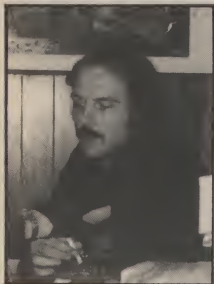
sleeping before, and my wife Jackie and I became very concerned about what was occurring. When I would wake Jenny from her sleep she could never remember her dream. The agony of her sleep disturbance continued almost every night for the three weeks following the funeral, and she always said that she could not remember what made her cry.

On the night of December 14, 1983, I woke suddenly to a loud tapping sound at the corner of my bedroom. On a small wooden lamp table was a picture frame with a recent photo of Jenny. I became very fearful as I watched the picture of my daughter rise three times about a foot into the air and drop again, making a loud noise. There was no language to express the uneasiness that came over me. I thought for a moment that I was dreaming until I heard Jenny crying, again,

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in her bedroom.

Frightened and confused, I ran to her room through the darkened hallway. Jenny was sitting at the edge of her bed looking at the wall and sobbing. "What is wrong," I asked? "Why are you crying?"



Dennis A. Ambrose

"Pop Pop is gone, Dad," Jenny replied. "He said he can't come here anymore. I saw him and the man with the cross."

What Jenny meant was that she saw Pop Pop Joe with Jesus! At that moment a peace came over me that I had never before experienced. Years later, I still fail to comprehend it. But something beyond adult understanding must exist through the eyes of a

child's mind. Jenny tried explaining to me what she witnessed in the simplest way she knew.

From that night forward Jenny was never again troubled by her dreams. Jenny is now nine years old, and since that night in December she has never again mentioned her grandfather or asked to visit the cemetery where he is buried.—*Vineland, NJ.*

THE SPITTING IMAGE

By Mary Anne Morgan

When we were little, my cousin Patty and I were on Grampa Frank Callahan's farm in Wisconsin which was operated by her father, my Uncle Frances Callahan. Patty and I were up in the hayloft eating apples. We frequently would play in the loft.

During the noon hour the hired hand would leave the wagon full of hay right under the loft while he had lunch. Patty and I would take turns jumping into the wagon from up in the loft.

We took some time out from jumping to talk and enjoy a few bites from our apples. Finished, we were about to start jumping again. I wanted to go first and was getting ready to do so, when a nice lady, I didn't know who she was, said, "No, Mary Anne." So I let Patty go first.

There was no laughter from her as she landed—just a dull

continued on page 94

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thud and a scream. While we were eating and talking, the hired man had removed the wagon. Instead of landing on a wagon full of hay, Patty had hit the floor. Hard. Her pelvis was broken.

Later, Aunt Florence Callahan, Patty's mother, asked me why I hadn't jumped first. I told her about the lady who had told me "No," but Aunt Florence said I was lying.

I should have had a clue as to who the lady in the hay loft was, however, because Grampa Frank would frequently look at me as I was growing up and say, "You're the spitting image of Annie."

It was years later (I was about 15) when I saw the lady again. I was older, now, and could see that she looked a bit like me.

I had stretched out on my bed for a few minutes in the afternoon as I had a special appointment that evening. This time, the lady was in my dream. All she did was tell me "No" again. She said not to go out that evening because Grampa would be needing my dad.

That evening my Grampa died.

Some years later I had another dream that involved the lady. At first I thought it was myself, but it wasn't. She had a pretty but out-of-date hairdo and a high-necked dress. In the dream she called my father Jack, although almost everyone calls him John.

In the dream she told my father that I would be his strength and that they would soon be together.

Shortly after, I learned that my father had terminal cancer. I went to him in Arizona from my home in Milwaukee to care for him.



Mary Anne Morgan

A year after he died I visited my Aunt Esther Callahan Springer. Years ago she had realized that I hadn't been lying about the incident in the hay loft.

Aunt Esther was never one to stand on ceremony. She said, "I want to show you something," and gave me a picture. Except for the out-of-date hairdo and high-necked dress, it would have been me in that picture. Aunt Esther said that it was a picture of her mother, my grandmother, Anne Burns Callahan. She had died when my dad was a boy of nine.—*Las Vegas, NV.*

TRUE MYSTIC EXPERIENCES



By the Readers

THE TELEPATHIC DREAM

By Laurie Lowery

I will always remember the day when my younger brother, Bret Hayden, left for college in 1980. My mother, Sherry Hayden, was very emotional and cried. I felt sadness also, but was excited for him with this new adventure.

A few weeks after he left, I had some very vivid dreams for two nights in a row. The scenes from these dreams kept popping into my head for several days after the dreams. On the first night I had dreamt that I was walking around on a campus with large, brick buildings covered with ivy. On the second night I dreamt of participating in a class that was held in a large auditorium. I was puzzled by the fact that I kept thinking of these dreams for several days, and it wasn't until I talked to my mother a few days later that I began to

put things together.

She told me that my brother had been sleepwalking at school. He would wake up in the middle of the night, locked out, and have to knock on his dorm window to get his roommate to let him in. He did this for two nights in a row!



Laurie Lowery

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I called him at school after talking with my mother, and before telling him of my dreams asked him to describe his campus to me. He described it exactly as I saw it in my dreams. I then described the classroom I had dreamt of and asked if he had any like it. He said, "Yes, that's the music conservatory."

Finally, I told him of my dreams, and we figured out that they had occurred on the same nights that he was sleep walking.—*Modesto, CA.*

BEE-WATCHED

By Violet Morrison

During my working days before retirement, my wristwatch felt like a living part of home to me. Each day on arising, my first act was to slide my watch onto my right wrist.

One morning, my watch wasn't in its special place on the bookshelf next to my bed. A sense of urgency overtook me, not unlike looking for a lost child. I took all the bedding off my bed and shook everything many times. A feeling of finality overtook me, so I dressed and went about my daily chores. Occasionally I would glance at my wrist to reassure myself of the time, but my watch wasn't there.

When retiring that night, I said loudly, "Okay, whoever has my

watch, I'd like it back NOW!" I drifted into an easy sleep, but was awakened at 2:00 A.M. by a buzzing sound. Startled, I sat upright: I have a deep fear of bees.

Looking at the ceiling, I was surprised to see it was illuminated by two bars of light, about four by six inches in size. The bars were about 18 inches apart, and something dark was bouncing from one bar to the other, giving off a crackling sound. As it swung back and forth, the dark shape lowered. I became very anxious, thinking this was surely a bee.



Violet Morrison

Soon the object dropped onto my pillow. My first instinct was to leap out of bed and turn on my bed light, but instead I put my hand over the thing, lay back

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and went to sleep.

When I awakened in the morning, I remembered my "dream" and wondered if it had really happened. I looked on the pillow where I had felt the object fall. There was my watch.

This happening has seemed strange to me, but *why* did I ask to have my watch returned to me if I didn't have faith it would be returned?—Cheney, WA.

MESSAGES

By Manette Steele

One night in early September, 1988, at 10:00 P.M., I was lying in bed letting my mind wander as we all do prior to sleep. I was thinking about several different people when suddenly my mind wandered to my stepmother, Jewel Steele.

Jewel had come into my life when I was 19. She was a sweet, elderly lady who was brought up in the South and had the gentle mannerisms and endearing sayings from an era gone by. I had grown to love Jewel and was glad she had come into my father's life, as well as my own.

While thinking of her I got the following thought: "The life force is draining from this entity." These were not words I normally use, nor had I such thoughts previously. Therefore, it seemed to me that this was a message of sorts, a strange message that I

put to the back of my mind. Often, messages do not make sense until later.



Manette Steele

The next day, while working at my desk, I received a call from my stepbrother, Michael. He tried to chit chat, but I saw through the bravado and asked what was wrong. Immediately he broke down into tears, explaining that Jewel had had a heart attack at approximately 10 p.m. the night before and died. He apologized for not letting me know sooner, but he had been afraid to leave her side. Knowing the closeness of their relationship, I knew he had done the only thing he could. I told him I would notify my side of the family and called my sister, immediately.

After discussing the funeral arrangements with her, I told her

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of the message I had not understood the night before. Although I had not understood it at the time, it was perfectly clear today. And I received the message at the same time that she was leaving this life to go on to new adventures!—*Aurora, CO.*

THE CAPTAIN IN THE ATTIC

By El Gilbert

When I was seven years old in 1936, my family moved into a seven-room house two blocks from the town of Port Arthur, Texas. The rent was only \$35 per month, but it had stood vacant for a long time because of the rumor that it was haunted. My parents didn't believe in ghosts and rented it anyway.

As soon as we moved in, I heard footsteps in the attic. I tried to ignore them. Later, I heard footsteps coming down the attic stairs. Sometimes I felt a breeze across my face even though the windows and doors were shut.

When I was left alone in the house it got worse. The ghost seemed to move about more freely, banging doors and lumbering though every room. I was afraid to move.

Somewhere in the midst of all this terror I got the impression that the ghost was a male, possibly an old sea captain who had died in the house and resented any intruders.

When I was 14, we were getting ready to move again. By this time the ghost was quieter than he had been when we first moved in. I had almost grown used to him. In fact, I felt as though we were deserting a member of the family.



El Gilbert

Then one night, shortly before we moved, just seconds after my mother turned off the light to go to bed she screamed. When I asked what was wrong, both of my parents said they didn't know—there was a man standing at the foot of their bed when they turned the lights off but he was gone when they turned the lights on. Since all of the doors and windows were locked and there was no sign of entry, I could only deduce that it was the ghost. Maybe it was his way of making

my parents believers in the supernatural.

I went up to the attic the next day and asked the ghost to forgive us for invading his house, explaining that we would have to be leaving now. Then I said I hoped he would eventually find peace.

From that point on the house was calm.—*Nashville, TN.*

I MADE IT HAPPEN

By Bessie R. Doenges

"Bessie, it will take a small miracle to convince you," said my goddaughter, Irma Culp, a therapist and firm believer in psychic phenomena.

We sat on a bench in the Strawberry Fields, the enchanting New York oasis created in memory of Beatle John Lennon, who often lingered in that part of Central Park with his wife, Yoko Ono. Irma had been telling me that each of us had a higher self that both guided us and often made us able to cause things to occur.

Irma left the park, but I stayed and admired the autumn flowers. I began regretting that not one of the many plants in my not too sunshiny apartment had ever bloomed except in the first week or two. They were all in excellent health, and most were at least 10 years old.

"Why don't they bloom," I

wondered? So long as they're alive they should bloom. I believe I can make them bloom. As I left the Strawberry Fields, I thought, "They've just got to bloom!"

I entered my apartment and went to the bedroom where three heavy plants were hanging. I stared at the spider plant in amazement. On it were several little white buds and one fully-developed flower.



Bessie R. Doenges showing the flowering plant.

At that instant I had a feeling I can only describe as complete joy, and my eyes were wet. My body felt full of light. I phoned Irma and the next morning she came over and took pictures. She said I had brought about a small miracle.—*New York, NY.*

REPORT FROM THE READERS

By the Readers

SPECIAL ANNOUNCEMENT

Starting with the next issue of FATE, we will begin featuring a "Letter of the Month." The choice of the letter will be determined by the editorial staff, and their decision will be final. The writer of the "Letter of the Month" will receive a check for \$10.00 and three free copies of the issue in which the letter appears.

Do you have a comment about an article or current event, or do you think FATE readers can help you with something? Drop us a letter today!

ROCK LAKE PYRAMIDS UPDATE

In their final expedition of 1989, investigators resumed their search for a sunken city at the bottom of Rock Lake in Wisconsin (see: *Found: The Lost Pyramids of Rock Lake*, FATE, October 1989). A tall, conical pyramid was located under 25 feet of water off the south shore. This unusual stone structure was first found by

a diver in 1936, but has not been relocated since.

In August, Dr. Martin Flowers of the University of Illinois examined a piece of retrieved material and said that it was probably a heavy paste, plaster or primitive cement. He added that the minerals in the substance do not occur together in nature, nor could their being under water have caused them to combine without some human agency.

According to the *Watertown Daily Times*, two large cones were discovered. One "is very tall, like a tower, and has steep sides." The other was found in the middle of the lake.

FATE readers will be updated as new information becomes available—*Frank Joseph, 3200 West 205th St., Olympia Fields, IL 60461*

DOGGING RANDI

In response to the letter from Randi (FATE, December 1989),

These columns of FATE are set aside each month for your comments. Send your neatly typed opinion of articles, columns, and stories of unusual occurrences to REPORT FROM THE READERS, FATE Magazine, P.O. Box 64383-F480, St. Paul, MN 55164-0383.

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here is a photograph of a dog who consistently watches TV and displays very pronounced reactions to specific images, mostly of children and animals.



"Esme" will sit on her stool and watch the screen for five to ten minutes at a time; evidently the length of her attention span. During this time she will wag her tail, prick up her ears, and turn her head to watch certain pictures. If she sees horses she will often put her paws on the screen as if trying to get inside. A duck swimming with her babies following particularly fascinated Esme, and she will gaze with equal intensity at children playing. She is shown watching the 1989 "Macy's Thanksgiving Day Parade" which seemed to confuse her somewhat.—Whitley Dresser, Bridgeport, CT

THE AUTHOR RESPONDS

In reply to the letter of Melissa Myles (*Report From the Readers*, FATE, January 1990) concerning psychics accepting donations rather than setting a fee, I will say that my position still stands.

Yes, I do know that some, and certainly not all, practitioners of magick claim ethics as their reason for not charging a fee. But their claims would be more believable if they chose not to accept donations, either. They're still accepting money no matter how you look at it. However, my article was directed toward fortunetellers.

As for Charles Rockett's query concerning a registry for psychics (*Report From the Readers*, FATE, January 1990): I and a few others have tried to do this very thing, to no avail. When asked to produce credentials, some psychics back off and I never hear from them again. Those who produce résumés, references, etc., are the ones who will probably work my events. Mr. Rockett might try the same approach for a private consultation.

Word of mouth is still the best way to find a truly gifted psychic. I make it a practice never to refer clients to any professional metaphysician. Indeed, the recording on my office answering machine states that very fact. In this way I remain impartial and

PSYCHIC POWER

by Charles Costmano (formerly Psionics 101)

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how to use these wonderful machines to send messages even around the world!

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"YOU WILL LEARN HOW TO MANIPULATE THE PSYCHIC ENERGIES OF THE UNIVERSE TO INSURE YOUR HEALTH AND WELL-BEING! As part of the universe, you are *entitled* to perfect health, and while everyone has certain defects, I will teach you to be as healthy as possible and how to give the blessings of good health to your friends.

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can't be accused of playing
favorites.—*Mary E. Leonesio,*
Clinton, OH

KEEP ON THE SKEPTICS

You'll have to pardon me if I
laugh. I guess it's a laugh of futil-
ity. I don't think Jay Salton
(*Report From the Readers*, FATE,
January 1990) is thinking straight.
FATE should be praised for each
time it writes about CSICOP, if
only to keep us informed as to its
foolishness.

There are many people who
think they [the skeptics] are nor-
mal people behind a legitimate
cause. My uncle, intending to do
me a favor, sent me a subscription
to their magazine. I tossed it into
the trash and wrote them a letter
asking them to cancel and refund
my uncle's money. I also told
them why. They kept sending
magazines followed with pleas
for money to further their cause.

They also stated that fewer
and fewer people were respond-
ing to their cause which would
eventually cause them to shut
down (my expression).

Keep up the good work.
Expose them every chance you
get. Pass on FATE to someone
else to read about skeptics in
their true light—*Betty Lee Spencer,*
Pittsburgh, PA

TESLA'S RAY

I have problems with Oliver

Nichelson's speculation that the 1908 Tunguska explosion in Siberia was caused by a "death ray" created by Nicola Tesla (*The Death Ray of Nicola Tesla*, FATE, January 1990). It seems inconceivable that Tesla, always willing to give sensational press interviews, could have passed up an opportunity to claim credit for that extraordinary explosion if he had anything to do with it. Such a demonstration, if it had happened, would have assured him of the financial backing he so desperately sought.

The latest *Omni* promotes the comet explosion theory.—Alan Vaughan, Los Angeles, CA

FASTER THAN LIGHT

In the July 1989 *Report From the Readers*, Terrence Peterson stated, "nothing can travel faster than light." This is a fallacy. Within the past five years physicists have discovered a class of particles which, in fact, do travel faster than the speed of light.

He further states, "the speed of light is a barrier we must accept in space travel." I refuse to accept it. You can defeat any barrier by going over it, under it, around it, or in the final analysis, through it.

We should not let our minds be shackled by present perceptions of the physical world. There

continued on page 113



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BOOK REVIEWS



THE DRAGON'S TRIANGLE

By Charles Berlitz

Wynwood Press, New York.

Hardcover, 1989, 208 pgs., \$16.95

The Dragon's Triangle, or *Ma-no Umi*, as the Japanese call it, lies between Japan, the Bonin Islands and Taiwan. It is situated at the exact opposite side of the globe as the Bermuda Triangle. They are located on longitude 35 degrees west and east respectively, and the Bermuda Triangle's latitude of 50 degrees north—if extended over the top of the globe—descends through the Dragon's Triangle. According to Berlitz, such strange phenomena as compass deviations, failed radio communications, huge unexpected waves, seaquakes, mini-hurricanes, great whirlpools and all the other happenings that made the Bermuda Triangle famous have happened here as well.

Berlitz definitely has a knack for drawing the reader into his books. He tells of a Japanese fighter pilot, who—with no enemy planes in sight—reported:

"Something is happening...the sky is opening up..." and then disappeared without a trace. Berlitz also lists other airplanes that never landed, submarines that never surfaced and huge ships which have disappeared without so much as an oil slick. One thing I think the reader should remember is that this area is the home of the deepest sea trenches of the world. Some of these plunge down as far as six miles, and it is not unlikely for a ship, plane or sub to sink and never be recovered. Tremendous water pressure at these depths can literally disintegrate a wreck, too. These trenches are largely uncharted, and perhaps this adds even more mystery to the case, since we don't know what lies at such depths. *The Dragon's Triangle* even contains a photo of what appears to be the carcass of a supposedly extinct plesiosaur, which a Japanese fisherman hauled out of the sea.

Of course, there is plenty of speculation in this book regarding actual dragons, sunken lands,

time warps and the like being at the root of the strange disappearances. It seems that you can't find a good book about the unexplained that doesn't contain some unfounded speculation.

Although a fascinating read, I can't help but wonder how reliable some of these reports are. Books such as this serve only to highlight the fantastic occurrences, selecting random events that prove a thesis while all other events are ignored. Both the Bermuda Triangle and the Devil's Triangle are areas that have had much air and sea traffic, and their above- and under-water terrain makes finding downed planes and ships difficult if not impossible. More than one person has attacked Berlitz on these issues before and *The Dragon's Triangle* is likely to spark more of the same debate.—*Steve Deger*

OTHER BOOKS OF INTEREST

WHAT SIGN IS YOUR PET?

By Dr. Donald Wolf, Taylor Publishing Co., Dallas, TX. Paperback, 1989, 136 pgs., \$8.95

After reading this book, I've decided on a spunky Gemini for my new addition to the household. And since Gemini pets need other animal companions, a mellow Pisces pet might prove, according to Dr. Wolf, a suitable complement.

Each Sun sign is explored con-

cerning a pet's disposition and traits, parental abilities and attitudes, youthful behavior, and compatibilities with other pets of the 12 signs. I found the health section most interesting.

Critics might first ask, "Where's your proof that astrology works for animals?" Dr. Wolf was a practicing veterinarian for over 10 years and has compiled data on over 10,000 canine and feline patients. He has found, for instance, that Aries pets are prone to seizures, Leo pets often have spinal difficulties, and Aquarian pets prefer nonsmokers.

The author believes that the cosmos affects not only human behavior but the behavior of animals as well, and cites the proven relationship of sunspots and high losses of homing pigeons.—*Charles Wolfe*

INCREDIBLE COINCIDENCE

By Alan Vaughan, Ballantine Books, New York. Paperback, 1989, 249 pgs., \$3.95

"The ultimate meaning of synchronicity for us is that we have responsibility for our lives—that we create our own realities."

This book records 152 anecdotal cases of synchronicity, a term Carl Jung originated to classify "meaningful coincidence without apparent cause." Vaughan feels that these coincidental experiences occur to people when they need them; thus, our consciousness creates the events, no matter how strange, of our lives.

Cases described by various individuals such as an actress whose

continued on page 112

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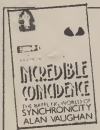
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continued from page 109

error saved the lives of her fellow actors and how stolen coins were discovered by a man's future girlfriend proved far more interesting than Vaughan's own synchronistic experiences. Only in the chapter on dreams did I feel his reports equaled the life and freshness of the others.

The study of synchronicity would interest anyone. It certainly started me thinking. For instance, our errors may actually fulfill others' desires. Furthermore, some of these miraculous coincidences or occurrences cause people to change their lifestyles, career goals, etc. According to Vaughan, these synchronistic experiences follow your "blueprint of life."—*Cait Hall*

SUBTERRANEAN WORLDS

By Walter Kafton-Minkel, Lompanics Unlimited, Port Townsend, WA. Paperback, 1989, 306 pgs., \$18.95

This look at the myths and legends about the cultures living in the center of our Earth was inspired by the author reading a full page ad in FATE back in 1966. He was mesmerized by the idea that Admiral Byrd had discovered an underground world under the North Pole.

Kafton-Minkel objectively explores the world mythos of all cultures who claim to have originated from the center of the Earth, or who have a special connection with it.

Besides the expected topics of fairies, gnomes, giants, and serpents, etc., there are the stories of the people who supposedly exist inside an allegedly hollow Earth. Also included

is the Ray Palmer and Richard Shaver tale of a sinister underground society filled with post-war terrors.

Some mystical organizations had their source of inspiration from inside the earth—Shambhala, Shangri la, Agharti. Even the Nazis shared a belief in an inner world.

From an logical standpoint, I find it very difficult to believe any of this. But it is written in such an exciting way that I *wanted* to find various underground beasties. And that is the author's magic.—*Phyllis Galde*

THE MYSTICAL MAGICAL MARVELOUS WORLD OF DREAMS

By Wilda Tanner, Sparrow Hawk Press, Tahlequah, OK. Paperback, 1988, 380 pgs., \$14.95

This book explains how to find solutions to daily problems from your dreams. Included is information on dream recall and how to break down and understand your dreams. The second part of the book contains an encyclopedia of dream symbols.

Tanner comes from a spiritual point of view, stressing the importance of the higher self and how dream work can help you to receive messages from your higher self. Many spiritual traditions hold that the higher self, a link to the divine, can help you to find answers to your most troubling problems for yourself.

An interesting part of the book was the way the author described the meaning of animals that appear in dreams and how they pertain to characteristics in the individual. This was indeed creative, although firmly based in tradition. There have been

numerous books written on dream interpretation. With all this to draw from I was disappointed to see that there is some repetition of information in this book.

Even so, I found that I could use this as a detailed reference book for understanding dreams from the traditional spiritual viewpoint, as opposed to the Freudian and psychological attitudes of later dream interpreters.
—Elizabeth Bergh

HAVE AN OUT-OF-BODY EXPERIENCE IN 30 DAYS

By Keith Harary, Ph.D. & Pamela Weintraub, St. Martin's Press, New York. Paperback, 100 pgs., \$5.95

This book purports to provide day-to-day lessons leading to the experience of an OBE (out-of-body experience) without anxiety and with complete recall.

Numerous others, such as Monroe, have come up with systems that they claim will allow a person to experience an OBE. Some, such as Greene, share several systems. The simple fact is that no one system works for everyone.

That is why books such as this one are important. If one system doesn't work, perhaps another one will.

Having personally experienced OBE spontaneously, I would like to be able to travel when and where I want. Their exercises are certainly non-threatening and easy to do, but I wonder if taking their shortcut route will lead to the same type of OBE that was promised to the mystics of yore?—Alexander Keetle



continued from page 107

is much we do not know, and accepting statements which seem to indicate that we have reached the limit of our knowledge of some particular physical or spiritual phenomenon is an expression of outrageous pride which, if continued, would bring research to a total standstill. No matter how much we know of a subject, there will always be something to learn. We are not gods.—Al MacLeod, Bedford, Nova Scotia, Canada

MEMORIES OF GOLD

I just read *The Search for the Real Golden Fleece* (FATE, September 1989). I enjoyed it as it brought back memories of when I was very young.

Around 1924 I used to watch my great grandmother, Sophia Belachard Kramer, in Eastman, Wisconsin, work up wool. After she would wash the wool, I noticed it was more like a dark gold—not yellow gold. Then she would card it, working it until it was almost white. She then spun it into yarn, using a spinning wheel.

She and my great grandfather both came from Geneva, Switzerland, when in their teens. She learned to work up the wool there.—Alma Smith, Weiser, ID

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I'm seeking information on, and response from, UFO related psychics (such as the late Ted Owens) where so-called UFO intelligences help people. I want to see documented cases—no unsupported messages from "spirit guides" and "loving space brothers," please. Anyone and everyone who has this type of information please write to me.—*Walter Rogers, 3185 South Grand Ave. #206, St. Louis, MO 63118*

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FOR DETAILS.**

continued from page 114

UFO CLOUDS

Here is a snapshot of a UFO cloud.

Whatever it is, we first noticed it about 1:00 P.M. It was the only cloud in the sky. We watched it change color as the Sun when down. It was still sitting over our town at 9:00 P.M., not changing shape or acting like another cloud.



There are several people I have talked to who have seen UFOs including me and my husband.—*Jenny Larson, St. George, UT*

ASTROLOGY AND ASTRONOMY

My dictionary's second (and therefore its "occult") definition of astrology is: Originally, the practical application of astronomy to human uses. Today, practically everybody goes by the other

definition: The study professing to foretell the future and interpret the influence of the heavenly bodies upon the destinies of men.

When these two definitions are seen in conjunction, it immediately becomes clear that whereas the original was *societally* related, its successor was *cosmologically* oriented. This shift in definition jibes with historically provable changes in the belief systems of most large social groups. The ascendancy of realism put the "Mystery" label on astrology, and generations of know-it-alls and Witch hunters, naysayers and debunkers, righteous and self-righteous, have tried to expand that label to make it read "Sick Mystery."—*George A. Rowland, Park Ridge, NJ*

COCKROACH CURE?

About four years ago you published a letter that impressed me and stuck in my mind. The writer had purchased a home and found a colony of ants. She had a talk with those ants and carefully explained to them that this house was her domain, and their domain was outside the house. She promised to respect their area and put out no poisons nor disturb them if they would never again enter her house. By the next day, the ants had left and never returned.

We bought a mobile home in

1981 and discovered that it was badly infested with cockroaches. We used every product we could lay our hands on to rid ourselves of those pests. We even used the "bombs" guaranteed to do the job, but our roaches thrived on everything.

I returned home from work one evening in 1986 and turned on the living room lamps. I saw black spots on my curtains and drapes that turned out to be good-sized roaches. More of the pests were spreading out over the ceiling. I ran to the kitchen to get the roach spray. I snapped on the lights and couldn't believe what I was seeing. Roaches were swarming across the drainboards, from behind the stove, dishwasher and refrigerator. They were coming out of the baseboards, and above me I could see them crawling toward me from out of the light fixtures across the ceiling. It was as if they knew I was their deadly enemy, and they were an army under intelligent command and they were out to get me.

I'm terribly afraid of all crawling things and was scared to death. I used roach spray everywhere I went, and when that gave out I used hair spray. I screamed at them that this was my house and that they didn't belong there, that I was going to kill them all and that I would



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hire a professional exterminator the next day. When I ran out of hair spray I hid in the bedroom where there were no roaches. I finally calmed down enough to know that I had to go to the store and get more roach spray.

When I left the bedroom I couldn't believe it! There were no live roaches anywhere, only dead ones. In fact, if it hadn't been for their bodies I would have sworn I had been through a hallucination instead of a real experience.

There have been no roaches in my house since that night. Did they sense what I screamed at them and know that I meant what I said about have an exterminator come in the next day?

Does anybody else have a similar story? I'd appreciate knowing that I'm not alone.—*Dorthea Streeter, Fort Collins, CO*

THE NEW AGE IS NOT SATANIC

I am writing this letter in response to the letter from Shadarla Valkyrie (*Report From the Readers*, FATE, January 1990). When you think about it, throughout all of history people with strange beliefs and different religious practices have always been ridiculed or persecuted.

Some time ago I mentioned the term "New Age" to a woman whom I know and she immediately started to argue about

Satanism and how God is greater than the power of Satan. I wonder how Satan entered into this conversation? This lady also said there was no such thing as a non-Christian religion.

There are several reasons for negative stereotypes of alternative religions and occult groups. First, there are horror novels and horror movies. They portray most occultists and members of unusual religions as evil and dangerous lunatics. Second, there are some real-life atrocities perpetrated by cults such as the Manson Family, Jim Jones' Peoples Church and the recent Mexican drug cult.

Third, there is a tremendous amount of misinformation that comes from a few fundamentalist groups. Some of the books they publish include attacks on occult groups, Mormons, Christian Scientists, Unitarians and others.

The solution to this may be more public relations. Perhaps there can be debates with the groups putting out the misinformation.—*Michael Williams, Charleston, WV*

BREATHING CYCLES

Donald Michael Kraig's mention (*I See By the Papers*, FATE, January 1990) of breathing cycles through alternate nostrils prompts me to confirm the idea from my experience. One might

expect that a person, sleeping on right or left side and prone to sinus drainage, would constantly find the lower nostril blocked on waking. Intermittent notes, made for years along with my dream records, show that the upper nostril, opposite to the side on which I was lying, was blocked just as often as the lower one. Thus cycles would seem to be a more accurate cause than gravity.

Also, thank you for Glen Rahman's well-annotated article on Hatshepsut as the Queen of Sheba (FATE, December 1989). Dates from Archbishop Ussher's chronology (1650), which headline pages of older editions of the King James Version, were later revised about 50 years to those used by Mr. Rahman for the period of Solomon. It is refreshingly in the interest of truth to find factual descriptions from ancient sources such as the Bible and Josephus reasonably assessed against archaeological discoveries to solve a historical mystery.—*Clifton J. Noble, Russell, MA*

MORE ON VELIKOVSKY

I am coming more and more to appreciate the "new" FATE. Especially welcome was Glenn Rahman's lucid treatment of Velikovsky's speculations upon the identity of the Queen of Sheba (FATE, December 1989). Immanuel Velikovsky, through

his consistent and scholarly delineation of the evident inconsistencies in "orthodox" ancient history, pointed up absurdities so crass as to bring to mind a marvelous satire of quite a number of years ago in which archaeological philologists, a thousand years or so in the future, manage to solemnly convert "Washington" into "Pound-Laundry!"

I am increasingly confident that with time, new generations of dedicated scholars, many of them considerably more flexible than members of the present academic establishment, will grant Velikovsky the honor he so clearly deserves.—*Kemper McCue, Miami, FL*

HOLLOW EARTH

I have enjoyed your fine, informative magazine for years, and like the latest format even better. The stories are good, well-written, and leave the reader to ponder his universe.

Lately my studies have been on the "Hollow Earth" theory, including statements made by Admiral Byrd on his last explorations at the poles. I would like to hear from others who might have any knowledge on this particular subject, as well as the association with underground caverns.—*David. D. Stinson, Ladson, SC*

THINGS TO COME



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